

# Working alongside Aboriginal and Torres Strait Islander children in out-of-home care through a culturally safe framework

## Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

### Your details

Your name:

Date completed:

Activity Name: Working alongside Aboriginal and Torres Strait Islander children in out-of-home care through a culturally safe framework

Learning outcomes

- Develop an understanding of the critical importance of cultural identity for Aboriginal and Torres Strait Islander children in out-of-home care.
- Identify how to implement culturally safe strategies to support children's mental health and wellbeing based on the domains of social and emotional wellbeing.
- Improve how your communication strategies align with Aboriginal and Torres Strait Islander ways of being, knowing and doing.
- Discuss how to develop a collaborative team to support identity 'storying' for Aboriginal and Torres Strait Islander children in out-of-home care and identify who needs to be involved.

Time spent engaged in the activity:

(including completing this form)

### After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.