MHPN WEBINAR

Working Therapeutically with Children who have Experienced Trauma from Physical or Sexual Abuse

Continuing Professional Development Learning Record

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Your details

Your name:	
Date completed:	
Activity Name:	Working Therapeutically with Children who have Experienced Trauma from Physical or Sexual Abuse
Learning outcomes	• Discuss how practitioners can invite and encourage children's participation in therapy when a child shows reluctance to engage. • Outline ways to ensure therapeutic work with a child who has experienced trauma is purposeful and useful. • Outline how to work with children and their families where the child has been positioned as being in some way complicit in the abuse. • Identify how practitioners can work with children and their families where the child is experiencing anger, hurt and mistrust due to the abuse they have experienced.
Time spent engaged in the activity:	(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
   - Explore the topic further in a supervision session or with a peer/colleague
   - Identify and read the latest research
   - Undertake additional courses, study or training
   - Search MHPN's webinar or podcast libraries for more PD content
   - Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.

Mental Health Professionals' Network
ABN 67 131 543 229

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