MHPN WEBINAR

The Right Time for Return to Work: Optimising Work Participation for Patients/Clients Recovering from Injury or Illness

Continuing Professional Development Learning Record

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Your details

Your name:	
Date completed:	
Activity Name:	The Right Time for Return to Work: Optimising Work Participation for Patients/Clients Recovering from Injury or Illness
Learning outcomes	• Discuss holistic assessment for an appropriate time to return to work, including considerations of physical capabilities, psychological health and workplace environment. • Outline ways to collaborate with employers and supporting health practitioners to ensure return to work programs accommodate workers' capabilities focusing on the right role, responsibilities and right time to return to work. • Explore ways to stay engaged and adjust care plans with the worker after they return to work to ensure continued successful work participation.
Time spent engaged in the activity:	(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
   - Explore the topic further in a supervision session or with a peer/colleague
   - Identify and read the latest research
   - Undertake additional courses, study or training
   - Search MHPN's webinar or podcast libraries for more PD content
   - Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.

Mental Health Professionals' Network
ABN 67 131 543 229

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