MHPN WEBINAR

Supporting the Mental Health of Children Living in Out-of-home Care

Continuing Professional Development Learning Record

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Your details

Your name:	
Date completed:	
Activity Name:	Supporting the Mental Health of Children Living in Out-of-home Care
Learning outcomes	• Describe ways in which out-of-home care can impact children's sense of participation, identity and self-worth. • Outline the importance of culture and identity for Aboriginal and Torres Strait Islander children in out-of-home care. • Identify how to confidently integrate approaches into current practice that enhance children's sense of participation, identity and self-worth. • Discuss how to recognise the importance of explaining to children why they are in care and how to discuss this with them sensitively and safely. • Examine strategies that promote collaboration between services, biological parents and foster/kinship carers, understanding its significance for children's mental health and wellbeing.
Time spent engaged in the activity:	(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
   - Explore the topic further in a supervision session or with a peer/colleague
   - Identify and read the latest research
   - Undertake additional courses, study or training
   - Search MHPN's webinar or podcast libraries for more PD content
   - Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.

Mental Health Professionals' Network
ABN 67 131 543 229

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