

Engaging children and parents affected by child sexual abuse

Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

Your details

Your name:

Date completed:

Activity Name: Engaging children and parents affected by child sexual abuse

Learning outcomes

- Outline the prevalence of child sexual abuse in Australia and those children who are most at risk
- Describe practical strategies to support children affected by sexual abuse to disclose and responses from health professionals that can support recovery
- Identify effective engagement strategies with parents and family members which focus on consistent and supportive messaging which helps the child affected by sexual abuse make sense of their experience and recover from negative effects
- Outline ethical practices in reporting sexual abuse and how to refer to specialist agencies.

Time spent engaged
in the activity:

(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.