MHPN WEBINAR

Smoking Cessation is Everybody's Business

Continuing Professional Development Learning Record

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Your details

Your name:	
Date completed:	
Activity Name:	Smoking Cessation is Everybody's Business
Learning outcomes	• Identify prevalence and risks associated with respiratory disease and lung cancer in people with mental health concerns • Determine opportunities to open up conversations about smoking cessation • Implement the strategies and tips from the recommended smoking cessation resources and guidelines • Examine hurdles and enablers to implementing smoking cessation initiatives/ approaches in practice
Time spent engaged in the activity:	(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
   - Explore the topic further in a supervision session or with a peer/colleague
   - Identify and read the latest research
   - Undertake additional courses, study or training
   - Search MHPN's webinar or podcast libraries for more PD content
   - Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.

Mental Health Professionals' Network
ABN 67 131 543 229

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