MHPN WEBINAR

What Are Infants Telling Us: From Neonatal Nursery Care to Supporting Optimal Infant Development

Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

Your details

Your name:	
Date completed:	
Activity Name:	What Are Infants Telling Us: From Neonatal Nursery Care to Supporting Optimal Infant Development
Learning outcomes	• Describe the challenges and resilience associated with preterm birth, including long-term health outcomes and emotional impacts on families. • Examine why it is important to observe, understand, and respond to the subtle cues and behaviours of infants within neonatal care. • Identify infant and family centred strategies to strengthen the parent-child relationship and support infants' neurodevelopmental and mental health needs.
Time spent engaged in the activity:	(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
   - Explore the topic further in a supervision session or with a peer/colleague
   - Identify and read the latest research
   - Undertake additional courses, study or training
   - Search MHPN's webinar or podcast libraries for more PD content
   - Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.

Mental Health Professionals' Network
ABN 67 131 543 229

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