

Supporting trans and gender diverse children and their families

Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

Your details

Your name:

Date completed:

Activity Name: Supporting trans and gender diverse children and their families

Learning outcomes This webinar explores ways practitioners can use non-binary language, help families recognise and understand children's choices and support children's mental health where they identify as trans or gender diverse. It provides participants with the following learnings:

- Choose practice that acknowledges what the child is experiencing is real and support parents in accepting and affirming their child's choices and experiences
- Select language which is not binary and doesn't reinforce dominant stereotypes about gender
- Describe how to use a support plan with trans and gender diverse children and their families
- Identify referral pathways and how to make an appropriately supportive referral when working with trans and gender diverse children and their families.

Time spent engaged in the activity:

(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
 - Explore the topic further in a supervision session or with a peer/colleague
 - Identify and read the latest research
 - Undertake additional courses, study or training
 - Search MHPN's webinar or podcast libraries for more PD content
 - Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.