

Do you have what it takes to engage with Indigenous people?

Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

Your details

Your name:

Date completed:

Activity Name: Do you have what it takes to engage with Indigenous people?

Learning outcomes Watch this facilitated panel discussion of Sophie's story be better equipped to:

- discuss how a focus on commonalities and shared experience can help in therapeutic work and how this can be achieved.
- identify challenges, tips and strategies for working with Indigenous clients, including collaborative practice, in the context of contemporary Australia (social, scientific and political environment)
- describe how practice and discourse around boundaries can impact our work with Aboriginal and Torres Strait Islander clients across different professional disciplines.

Time spent engaged
in the activity:

(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.