

Primary Care, Older Persons and Mental Health

Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

Your details

Your name:

Date completed:

Activity Name: Primary Care, Older Persons and Mental Health

Learning outcomes Watch this facilitated panel discussion to be better equipped to:

- describe the complex relationship and interplay between ageing related issues including but not limited to mental and physical health, grief, loss and social isolation
- describe the challenges, merits and opportunities in evidence-based approaches deemed most effective in treating and supporting older people with mental and/or, physical health and/or psychosocial issues
- better target referrals, as a result of improved understanding of the role of different disciplines, for older people with mental and physical health and/or psychosocial issues.

Time spent engaged
in the activity:

(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.