



## Supporting the mental health of bereaved parents after miscarriage, stillbirth and neonatal deaths

## Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

## Your details Your name: Date completed: **Activity Name:** Supporting the mental health of bereaved parents after miscarriage, stillbirth and neonatal deaths Learning outcomes · Describe the complex relationship between grief and loss, and mental health for bereaved parents after miscarriage, stillbirth and neonatal death. Discuss the risk factors and warning signs of mental illness for people experiencing grief and loss after miscarriage, stillbirth and neonatal death. Discuss ways to guide conversations and identify strategies to support bereaved parents' mental health. • Outline strategies to assist health practitioners make appropriate referrals to support the mental health of bereaved parents after miscarriage, stillbirth and neonatal death. Time spent engaged in the activity: (including completing this form)

## After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

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<ul> <li>3. What actions are you going to take to use the learnings to improve and/or change your practice example:</li> <li>Explore the topic further in a supervision session or with a peer/colleague</li> <li>Identify and read the latest research</li> <li>Undertake additional courses, study or training</li> <li>Search MHPN's webinar or podcast libraries for more PD content</li> <li>Join an MHPN network to connect with other practitioners for networking, peer support or P</li> </ul>	
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4. Please note any other reflections on the topic or activity.	
Mental Health Professionals' Network  ABN 67 131 543 229  Please note, this form is for your own record is unable to provide Statements of Attendar viewing webinar recordings or listening to provide the statement of the provided is unable to provide Statements of Attendar viewing webinar recordings or listening to provide the statement of the provided is unable to provide Statements of Attendary viewing webinar recordings or listening to provide statement of the provided is unable to provide Statements of Attendary viewing webinar recordings or listening to provide statement of the provided is unable to provide Statement of Attendary viewing webinar recordings or listening to provide statement of the provided is unable to provided its provided	nce for