

Supporting the mental health of bereaved parents after miscarriage, stillbirth and neonatal deaths

Continuing Professional Development Learning Record

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Activity Name: Supporting the mental health of bereaved parents after miscarriage, stillbirth and neonatal deaths

Learning outcomes

- Describe the complex relationship between grief and loss, and mental health for bereaved parents after miscarriage, stillbirth and neonatal death.
- Discuss the risk factors and warning signs of mental illness for people experiencing grief and loss after miscarriage, stillbirth and neonatal death.
- Discuss ways to guide conversations and identify strategies to support bereaved parents' mental health.
- Outline strategies to assist health practitioners make appropriate referrals to support the mental health of bereaved parents after miscarriage, stillbirth and neonatal death.

Time spent engaged in the activity:

(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

