

## A snapshot of Australian Veterans' Mental Health Research: Important insights for clinical practice

### Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

#### Your details

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**Your name:**

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**Date completed:**

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**Activity Name:** A snapshot of Australian Veterans' Mental Health Research: Important insights for clinical practice

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**Learning outcomes** Through a facilitated panel discussion, about the Transition and Wellbeing Research Programme Mental Health Prevalence and Pathways to Care research initiatives, practitioners will be able to:

- better understand the key drivers and outcomes of the Prevalence and Pathways to Care research
- identify implications, challenges and risks for clinical practice as a result of insights demonstrated by the Prevalence and Pathways to Care research
- have increased confidence to source and access mental health research about veterans in order to improve clinical efficacy and consumer outcomes.

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**Time spent engaged in the activity:**

(including completing this form)

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After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?



2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.