

# Treating PTSD in Veterans: When and why things go wrong and what we can do about it

## Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

### Your details

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Your name:

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Date completed:

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Activity Name: Treating PTSD in Veterans: When and why things go wrong and what we can do about it

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Learning outcomes Through a facilitated panel discussion of a vignette, this webinar provides the opportunity to:

- recognise the clinical comorbidities and systemic issues (therapist, client, modality, service, compensation, psychosocial) that can complicate successful treatment for veterans with PTSD
- know what to do when evidence-based PTSD treatments do not ameliorate mental health symptoms in veterans
- have increased confidence in identifying and supporting veterans who do not respond to evidence-based PTSD treatments.

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Time spent engaged in the activity:

(including completing this form)

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After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.