MHPN WEBINAR

Supporting a young woman struggling with bulimia nervosa and depression

Continuing Professional Development Learning Record

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Your details

Your name:	
Date completed:	
Activity Name:	Supporting a young woman struggling with bulimia nervosa and depression
Learning outcomes	Through a facilitated panel discussion of a case study, this webinar provides the opportunity to: • recognise the key principles of intervention and the roles of different disciplines in treating, managing and supporting people with bulimia nervosa and depression • understand the merits, challenges and opportunities in providing collaborative care to people.
Time spent engaged in the activity:	(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
   - Explore the topic further in a supervision session or with a peer/colleague
   - Identify and read the latest research
   - Undertake additional courses, study or training
   - Search MHPN's webinar or podcast libraries for more PD content
   - Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.

Mental Health Professionals' Network
ABN 67 131 543 229

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