

# Collaborative care in mental health and substance abuse presentations

## Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning.

### Your details

Your name:

Date completed:

**Activity Name:** Collaborative care in mental health and substance abuse presentations

**Learning outcomes** Through a facilitated panel discussion of a case study, this webinar provides the opportunity to develop a better understanding of:

- key principles of intervention and the roles of different disciplines in providing integrated primary mental health care services to mental health and substance abuse presentations.
- the merits, challenges and opportunities in providing collaborative care to people presenting with mental health and substance abuse issues.

**Time spent engaged in the activity:**

(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.
  
  
  
  
  
  
  
  
  
  
3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
  - Explore the topic further in a supervision session or with a peer/colleague
  - Identify and read the latest research
  - Undertake additional courses, study or training
  - Search MHPN's webinar or podcast libraries for more PD content
  - Join an MHPN network to connect with other practitioners for networking, peer support or PD
  
  
  
  
  
  
  
  
  
  
4. Please note any other reflections on the topic or activity.

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