

Collaborating with the Workplace to Enable Good Work for your Patient/Client

Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

Your details

Your name:

Date completed:

Activity Name: Collaborating with the Workplace to Enable Good Work for your Patient/Client

Learning outcomes

- Discuss the benefits of participating in good work with patients/clients who are experiencing mental health conditions that may impair their ability to work, including the benefits of recovery and a timely return to work.
- Identify what 'good work' looks like for patients/clients and how practitioners can encourage the workplace to provide 'good work' that supports health and wellbeing.
- Discuss how to constructively engage with the workplace and other stakeholders to help patients/clients optimise their health and work participation and recovery outcomes.
- Recommend ways to deal with barriers to recovery and return to work, and assist patients/clients to realise the benefits of participating in good work.

Time spent engaged
in the activity:

(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.