MHPN WEBINAR

Navigating Mental Health Challenges when Living with a Physical Disability

Continuing Professional Development Learning Record

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Your details

Your name:	
Date completed:	
Activity Name:	Navigating Mental Health Challenges when Living with a Physical Disability
Learning outcomes	• Describe the general principles of providing a safe and supportive environment for people living with disability, their carers and family if they experience mental health challenges. • Outline key principles of providing appropriate therapies and communication approaches to people living with disability, their carers and family if they experience mental health challenges. • Identify challenges, tips and strategies to build appropriate referral pathways and implement a collaborative response to assist people living with disability, their carers and family who may be experiencing mental health challenges.
Time spent engaged in the activity:	(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
   - Explore the topic further in a supervision session or with a peer/colleague
   - Identify and read the latest research
   - Undertake additional courses, study or training
   - Search MHPN's webinar or podcast libraries for more PD content
   - Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.

Mental Health Professionals' Network
ABN 67 131 543 229

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