MHPN WEBINAR

Complexities in Working with Co-Occurring Mental Health and Alcohol and Other Drug Presentations

Continuing Professional Development Learning Record

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Your details

Your name:	
Date completed:	
Activity Name:	Complexities in Working with Co-Occurring Mental Health and Alcohol and Other Drug Presentations
Learning outcomes	• Discuss the difference between harm reduction and abstinence and how these approaches relate to mental health. • Outline how to work with people experiencing mental health challenges, who are currently using or have used AOD in the past. • Discuss stigma and the importance of language and communication when providing care to people seeking assistance for AOD use. • Identify strategies to engage specialist services when supporting people who are experiencing mental health challenges due to their current or past use of AOD.
Time spent engaged in the activity:	(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
   - Explore the topic further in a supervision session or with a peer/colleague
   - Identify and read the latest research
   - Undertake additional courses, study or training
   - Search MHPN's webinar or podcast libraries for more PD content
   - Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.

Mental Health Professionals' Network
ABN 67 131 543 229

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