

# Collaborative care for people living with Tics and Tourette syndrome

## Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

### Your details

Your name:

Date completed:

Activity Name: Collaborative care for people living with Tics and Tourette syndrome

Learning outcomes

- Discuss Tourette syndrome and the range and severity of tics, including comorbidities and associated stigma.
- Appraise screening, identification, assessment and diagnosis of tics and Tourette syndrome.
- Evaluate the recommended therapeutic approaches that have proven successful in treatment.
- Outline the importance of collaboration and appropriate referrals when providing care to people living with tics and/or Tourette syndrome.

Time spent engaged  
in the activity:

(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.