

# Using an intergenerational lens when working with children and parents

## Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

### Your details

Your name:

Date completed:

Activity Name: Using an intergenerational lens when working with children and parents

Learning outcomes

- Outline how to ensure children's social and emotional wellbeing is always considered when working with adults who are parents.
- Discuss the use of a prevention and early intervention framework to support children's mental health.
- Outline how to understand the history and context of parents' and children's problems.
- Discuss the history and context of a family's strengths, resilience, and know-how
- Outline how to help parents understand the historical factors that influence their parenting, both positively and negatively.
- Outline how to place the child at the centre of all decisions and interactions.

Time spent engaged  
in the activity:

(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?



2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.