

# Assessing Functional Capacity to Work for Psychological Injuries

## Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

### Your details

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**Your name:**

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**Date completed:**

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**Activity Name:** Assessing Functional Capacity to Work for Psychological Injuries

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**Learning outcomes** Through an exploration of assessing functional capacity to work for psychological injuries, the webinar will provide participants with the skills and knowledge to:

- Outline the benefits of participating in good work for patients who are experiencing health conditions that may impair their ability to work.
- Assess a patient's functional capacity for work, based on their psychological health and wellbeing.
- Explain current capacity to work and provide advice on suitable modifications to support a patient's continued participation in work.
- Outline how to establish early expectations for continued work participation and recovery for patients.

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**Time spent engaged in the activity:**

(including completing this form)

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After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?



2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.