

# Management of Borderline Personality Disorder in Public Mental Health Services, Private and Primary Health Care Sectors

## Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

### Your details

---

**Your name:**

---

**Date completed:**

---

**Activity Name:** Management of Borderline Personality Disorder in Public Mental Health Services, Private and Primary Health Care Sectors

---

**Learning outcomes**

- identify challenges in management of BPD in public, private and primary sectors
- describe how BPD is best managed in public, private and primary care setting
- outline how best to collaborate between public, private and primary care settings to get the optimal treatment outcomes for people with BPD and their families/carers.

---

**Time spent engaged in the activity:**

(including completing this form)

---

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.