

## Prostate Cancer – effects on mental health after surgery

### Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

#### Your details

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Your name:

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Date completed:

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Activity Name: Prostate Cancer – effects on mental health after surgery

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Learning outcomes

- identify challenges, tips and strategies for building appropriate referral pathways and implementing a collaborative response to assist men having mental health difficulties after surgery for prostate cancer
- implement key principles of providing appropriate therapies and communication approaches to men who have had surgery for prostate cancer
- describe the general principles of providing a safe and supportive environment for men experiencing mental health concerns after surgery for prostate cancer.

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Time spent engaged  
in the activity:

(including completing this form)

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After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.