

## Engaging parents of school aged children

### Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

#### Your details

Your name:

Date completed:

Activity Name: Engaging parents of school aged children

Learning outcomes

- Identify strategies to facilitate positive child-focused conversations with parents and children that uncovers their relationship strengths and vulnerabilities
- Describe practitioner tools that help parents to focus on the developmental needs of their children when facing adversity, conflict or separation
- Recognise the importance of regular shared playtime between children and their parents

Time spent engaged  
in the activity:

(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.