

Identifying Body Dysmorphic Disorder and Psychological Assessments for People Seeking Cosmetic Surgery

Continuing Professional Development Learning Record

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Your details

Your name:

Date completed:

Activity Name: Identifying Body Dysmorphic Disorder and Psychological Assessments for People Seeking Cosmetic Surgery

Learning outcomes

- evaluate when a client is required to have a psychological assessment prior to cosmetic surgery
- identify the importance of collaboration when assessing a client for cosmetic surgery
- analyse when it is appropriate to refer a client seeking cosmetic surgery when there is an indication of an underlying psychological problem.

Time spent engaged in the activity:

(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.