

Personality Disorders and Substance Use – Tips on Effective Treatment Approaches

Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

Your details

Your name:

Date completed:

Activity Name: Personality Disorders and Substance Use – Tips on Effective Treatment Approaches

Learning outcomes

- describe the prevalence, distinguishing features, and prognosis for people with personality disorder and substance use.
- demystify the challenges, myths and constraints of providing treatment and support to people with personality disorder and substance use.
- identify and prioritise evidence based approaches which are most likely to be effective in the treatment and support of people with personality disorder and substance use.

Time spent engaged
in the activity:

(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.