

Strategies to support work participation for clients/patients living with chronic pain

Continuing Professional Development Learning Record

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Your details

Your name:

Date completed:

Activity Name: Strategies to support work participation for clients/patients living with chronic pain

Learning outcomes

Identify the challenges for clients/patients with chronic pain engaging with and participating in the workplace, including psychological, pain-related, and work environment obstacles.

Discuss practitioner challenges in helping clients/patients with chronic pain to constructively engage with the workplace.

Discuss the risks and opportunities for clients/patients with chronic pain participating in work.

Recommend ways to facilitate safe and sustainable work participation for clients/patients with chronic pain.

Time spent engaged
in the activity:

(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.