Caring for young people experiencing gender dysphoria

Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

Your details

Your name:	
Date completed:	
Activity Name:	Caring for young people experiencing gender dysphoria
Learning outcomes	• describe the general principles of providing a safe and supportive environment for young people seeking care for gender dysphoria • implement key principles of providing an integrated approach in the identification, assessment, treatment and support of young people with gender dysphoria • identify challenges, tips and strategies in providing a collaborative response to assist young people who have gender dysphoria and who are experiencing increased risk of depression, anxiety, self-harm, or suicide.
Time spent engaged in the activity:	
	(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
   - Explore the topic further in a supervision session or with a peer/colleague
   - Identify and read the latest research
   - Undertake additional courses, study or training
   - Search MHPN's webinar or podcast libraries for more PD content
   - Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.