

# Working collaboratively to address the social and emotional wellbeing of older LGBTQIA+ people

## Continuing Professional Development Learning Record

Complete and save a copy of this form to create your own record of CPD you've undertaken or to further embed your learning. Please note, MHPN is unable to provide Statements of Attendance for viewing webinar recordings or listening to podcasts.

### Your details

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**Your name:**

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**Date completed:**

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**Activity Name:** Working collaboratively to address the social and emotional wellbeing of older LGBTQIA+ people

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**Learning outcomes** Watch this facilitated panel discussion of Jan's story to be better equipped to:

- describe inclusive, accessible and appropriate aged care for LGBTQIA+ people both in the home, and in aged care facilities
- identify LGBTI specific needs that should be addressed for older LGBTQIA+ people, including involvement of the next of kin, recognition of discrimination experiences, and advance care planning
- identify challenges, tips and strategies in providing a collaborative response to supporting social and emotional well-being of older LGBTQIA+ people.

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**Time spent engaged in the activity:**

(including completing this form)

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After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:

- Explore the topic further in a supervision session or with a peer/colleague
- Identify and read the latest research
- Undertake additional courses, study or training
- Search MHPN's webinar or podcast libraries for more PD content
- Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.