MHPN WEBINAR

Grief, Loss, Older People and Mental Health: An interdisciplinary response

Continuing Professional Development Learning Record

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Your details

Your name:	
Date completed:	
Activity Name:	Grief, Loss, Older People and Mental Health: An interdisciplinary response
Learning outcomes	Watch this facilitated panel discussion of Carmen's story to be better equipped to: • describe the complex relationship between grief and loss, mental health and aging as well as the risk factors for and warning signs of mental illness in older persons experiencing grief and loss • describe the challenges, merits and opportunities in evidence-based approaches deemed most effective in treating and supporting older people with mental health issues • better target referrals for older people with mental health issues as a result of improved understanding of the role of different disciplines.
Time spent engaged in the activity:	(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
   - Explore the topic further in a supervision session or with a peer/colleague
   - Identify and read the latest research
   - Undertake additional courses, study or training
   - Search MHPN's webinar or podcast libraries for more PD content
   - Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.

Mental Health Professionals' Network
ABN 67 131 543 229

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