

An interdisciplinary cross-cultural conversation: exploring the meaning of healing and recovery

SUPPORTING RESOURCES

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Please note the resources displayed in this document were accurate at the time of publication

Publications, books, journals and articles

[Cultural humility versus cultural competence: A critical distinction in defining physician training outcomes in multicultural education.](#)
Melanie Tervalon; Jann Murray-Garcia
[Journal of Health Care for the Poor and Underserved; May 1998; 9, 2; Research Library](#)

[Intersectoral Psychosocial Interventions in Working with Refugee Families.](#)
Chapter 16: [Re-building Trust and Connectedness in Exile](#)
[The Role of Health and Social Institutions](#)
By Radhika Santhanam-Martin

[The Multicultural Assessment Tool \(2002\) West Australian Transcultural Mental Health Centre, The Royal Australian College of General Practitioners WA Research Unit, Commonwealth Department of Health and Ageing and Multicultural Mental Health Australia.](#)

[Lawrence Kirmayer \(2012\) 'Rethinking Cultural Competence' Transcultural Psychiatry 49\(2\) 149–164.](#)

[Roberto Lewis-Fernandez et al. \(2020\) 'The Cultural Formulation Interview: Progress to date and future directions' Transcultural Psychiatry, Vol. 57\(4\) 487–496.](#)

['Forcibly Displaced Populations': An International Society for Traumatic Stress Studies Briefing Paper](#)

[The DSM-5: Cultural formulation section](#)
[Transcultural Psychiatry Journal](#)

[The indispensable work of understanding intersectionality](#)

[Cultural Humility](#)

[Development and validation of a mental health screening tool for asylum-seekers and refugees: the STAR-MH](#)

Websites

[Mental Health Australia - Embrace, Multicultural Mental Health](#)

[Victorian Transcultural Mental Health](#)

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[Transcultural Mental Health Centre \(NSW\)](#)

[Refugee Health Network](#)

[Victorian Foundation for Survivors of Torture](#)

[Rebuilding Shatter Lives: Integrated Trauma Recovery for People of Refugee Background. \(Especially Chapter 5\)](#)

[McGill Division of Social and Transcultural Psychiatry](#)

[Harvard Program in Refugee Trauma](#)

[Refugee health guide](#)

[Refugee health network](#)

[Privilege and oppression wheel](#) taken from [Intertwine](#)

Videos

[Unconscious bias: Run like a girl](#)

[Kimberlé Crenshaw: What is Intersectionality?](#)

Podcasts

Jen Tobin from Cohealth and Erin Joyce from Alfred discuss how organisations can do diversity and inclusion in a responsive way
<https://vtmh.org.au/podcasts/diversity-inclusion-and-influencing-change/>

Resources for GPs

Australian refugee health practice guide
<https://refugeehealthguide.org.au/>

Managing mental illness in patients from CALD backgrounds
<https://www.racgp.org.au/afpbackissues/2005/200504/200504kiropoulos.pdf>

Interpreting and translation resources

Centre for Culture Ethnicity and Health Tip Sheets
<https://www.ceh.org.au/resource-hub/translation-an-introduction/>

DHHS interpreters and translation guides
<https://www.vic.gov.au/interpreters-and-translations>

Victorian Transcultural Mental Health online learning module on working with interpreters
<https://learn.vtmh.org.au/login/>

Translation and Interpreting Service info
<https://www.tisnational.gov.au/>

Health Translations Directory
<https://healthtranslations.vic.gov.au/>

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Telehealth consultations requiring an interpreter

<https://www.racgp.org.au/FSDEDEV/media/documents/Clinical%20Resources/Guidelines/Telhealth-consultations-with-patients-requiring-an-interpreter.pdf>

Mental health and CALD communities

[Embrace Multicultural Mental Health Framework](#)

[Mental Health in Multicultural Australia Key Concepts – Cultural Responsiveness](#)

[Mental Health in Multicultural Australia Key Concepts – Risk and Protective Factors](#)

[Mental Health in Multicultural Australia Key Concepts – Culturally Responsive Practice](#)

[Mental Health in Multicultural Australia Key Concepts – Consumer and Carer Participation](#)

[Mental Health in Multicultural Australia Key Concepts – Recovery and Cultural Diversity](#)

[Playgroups for CALD mothers and babies](#)

[Victorian Transcultural Mental Health online training:](#)

- Introduction to Cultural Responsiveness
- Cultural Diversity and Assessment
- Working With Interpreters