

# Culturally Responsive Health Care for Older Australians

## SUPPORTING RESOURCES

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*\*Please note the resources displayed in this document were accurate at the time of publication\**

#### Organisations and peak bodies

Centre for Cultural Diversity in Ageing  
<http://www.culturaldiversity.com.au/>

The Institute for Muslim Mental Health in the USA  
<https://muslimmentalhealth.com/patients-families/resource-directory/>

The Institute for Social Policy and Understanding (ISPU)  
<https://www.ispu.org/mental-health/>

Positive Culturally and Linguistically Diverse ageing network  
<http://fecca.org.au/news-events/pcan-news/>

#### Intake and support tools

Link to consent forms in other languages and state wide consultation service:  
<https://metrosouth.health.qld.gov.au/qtmhc/or-health-professionals>

Queensland Health Multicultural Clinical Support Resource Folder  
[https://www.health.qld.gov.au/multicultural/support\\_tools/mcsr](https://www.health.qld.gov.au/multicultural/support_tools/mcsr)

How to check reading level in Microsoft Word:  
<https://support.microsoft.com/en-us/topic/get-your-document-s-readability-and-level-statistics-85b4969e-e80a-4777-8dd3-f7fc3c8b3fd2>

#### Online resources

Understanding cultural competence and cultural humility, via Project READY available at:  
<https://drive.google.com/file/d/1PPB0tIBvqGr-4UphZ3gLgA7bU2LfYoJl/view?usp=sharing>

Multilingual health resources for older people of CALD backgrounds:  
<https://www.dhi.health.nsw.gov.au/transcultural-mental-health-centre-tmhc/community/older-people>

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Queensland Health and Islamic Council of Queensland. Health Care Providers' Handbook on Muslim Patients Second Edition 2010. Division of the Chief Health Officer, Queensland Health, Brisbane 2010 available at [https://www.health.qld.gov.au/\\_data/assets/pdf\\_file/0034/155887/islamgde2ed.pdf](https://www.health.qld.gov.au/_data/assets/pdf_file/0034/155887/islamgde2ed.pdf)

For multicultural health, allied health and mental health support in the Brisbane region [www.workedwellnessgroup.org.au](http://www.workedwellnessgroup.org.au)

Multicultural Connect Line for statewide support to find services to address practical, psychosocial and mental health needs for people from culturally and linguistically diverse backgrounds, working directly with clients and can also support service providers with information and resources. <https://worldwellnessgroup.org.au/helpline/>  
Call 1300 079 020 or  
email [mcl@worldwellnessgroup.org.au](mailto:mcl@worldwellnessgroup.org.au)

### Books and articles

British Geriatric Society Silver Book (version 2) <https://www.bgs.org.uk/resources/resource-series/silver-book-ii>

Muslim Aged Care: A practical guide for service providers by Mahjabeen Ahmad, Adelaide South Australia. Available at <https://meaningfulageing.org.au/wp-content/uploads/2017/10/Ahmad-2017.pdf>

Mental Health in Multicultural Australia (MHMA) Framework for Mental Health in Multicultural Australia – Towards culturally inclusive service delivery: Introductory Guide Available at: <https://drive.google.com/file/d/1xKrls-2YR6OsnXxETUK1xX6bTtkFOtS3/view?usp=sharing>