Webinar 23

Cultural considerations in the social and emotional wellbeing support provided to Aboriginal and Torres Strait Islander children and families

7:15 pm to 8:30 pm AEDT
Wednesday, 10th November 2021

Emerging Minds.

National Workforce Centre for Child Mental Health

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Emerging Minds and MHPN wish to acknowledge the Traditional Custodians of the lands across Australia upon which our webinar presenters and participants are located.

We wish to pay respect to the Elders past, present and future for the memories, the traditions, the culture and hopes of Indigenous Australia.

Welcome to series four

This is the third webinar in the fourth series on infant and child mental health, presented by Emerging Minds and the Mental Health Professionals' Network.

Series 4 webinars:

- Supporting the wellbeing of infants and children through a trauma-informed lens (Feb, 2022)
- Assessment and engagement with infants and children (April, 2022)
- Building parents' understanding of infant mental health (June, 2022)

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How to use the platform

To interact with the webinar platform and to access resources, select the following options:

Information: To access presentation information, links for live chat, resources and webcast support, click on this icon located in the lower right corner of your screen.

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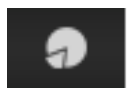
Survey: To access the survey before the webinar ends, click on this icon in the lower right corner of your screen.

Learning outcomes

At the webinar's completion, participants will be able to:

- Outline the importance of cultural identity for Aboriginal and Torres Strait Islander children.

- Describe self-determination when working alongside Aboriginal and Torres Strait Islander families.

- Identify strategies and resources that support the cultural needs of Aboriginal and Torres Strait Islander children and families at an individual, family, community and organisational level.

Tonight's panel

Prof. Tricia Nagel
Psychiatrist and senior
researcher, NT

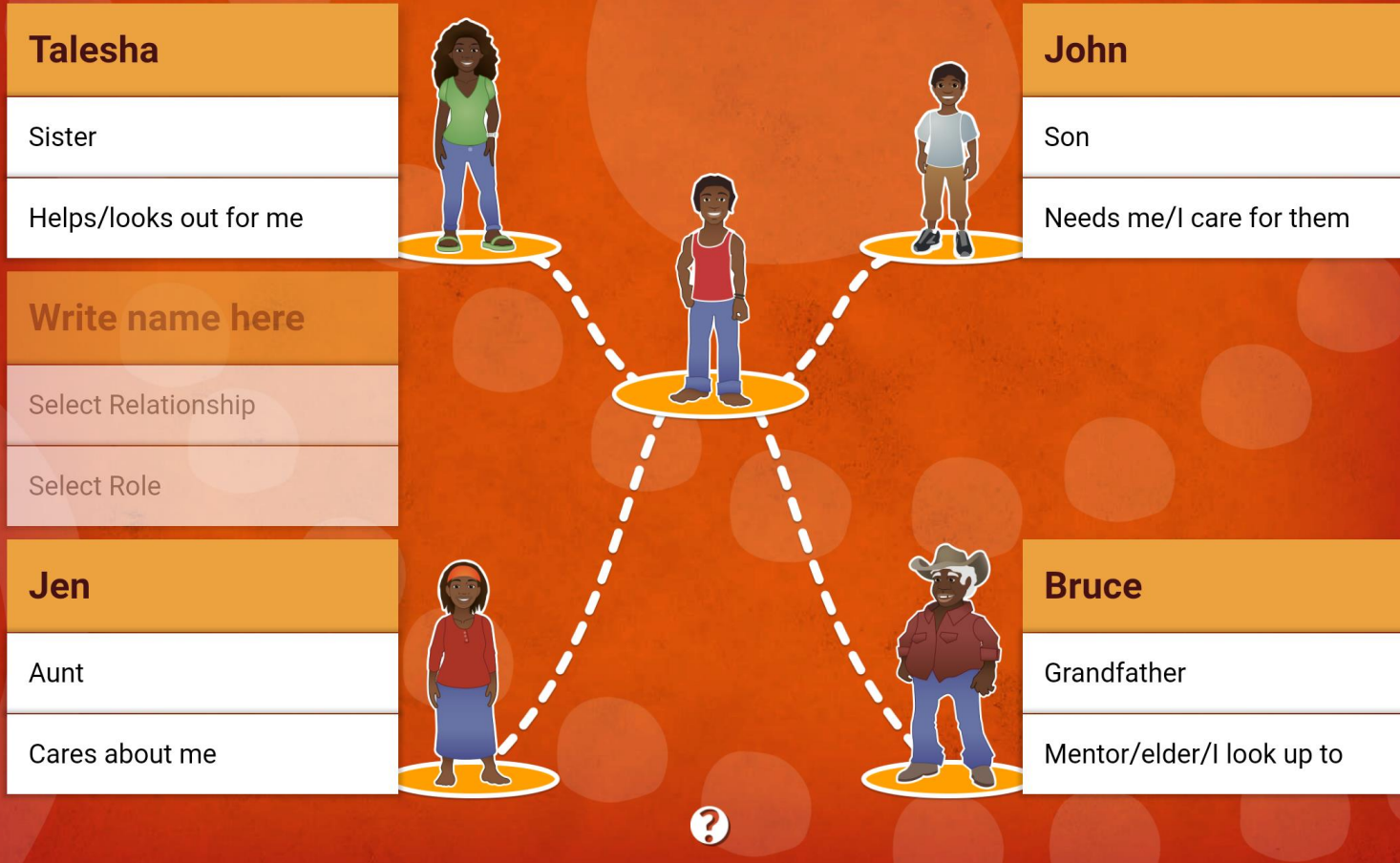**Adele Cox**
National Sector
Development Manager
SNAICC, VIC

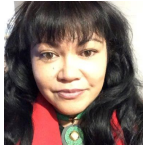**Facilitator:
Dana Shen**
Aboriginal Cultural
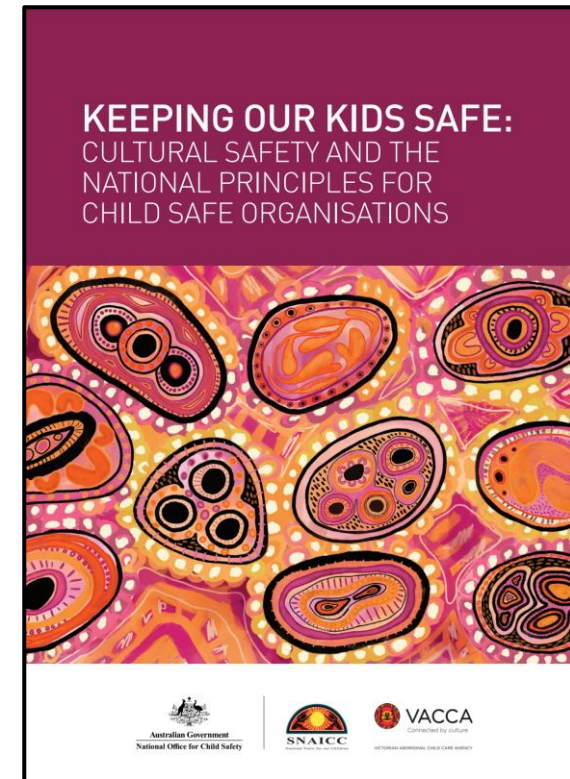Consultant, SA

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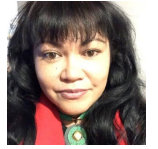
Tricia

The Keeping Our Kids Safe resource

Adele

- Relevant to all organisations engaging with children and young people in Australia

- Provides guidance on how to create environments that help Aboriginal and Torres Strait Islander children feel safe to participate and that their culture is respected and strengthened while they are engaged with the organisation

- For each Principle, the resource looks at:
  - What implementation of the Principle might look like for Aboriginal and Torres Strait Islander children
  - Indicators that the Principle is being upheld
  - Cultural considerations
  - How the Principle can be applied at different levels of an organisation, from a cultural safety perspective

KEEPING OUR KIDS SAFE:
CULTURAL SAFETY AND THE
NATIONAL PRINCIPLES FOR
CHILD SAFE ORGANISATIONS

Australian Government
National Office for Child Safety

SNAICC

VACCA
Connected by culture
VICTORIAN ABORIGINAL CHILD CARE AGENCY

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Why do we need the Keeping Our Kids Safe resources?

Adele

- The National Principles for Child Safe Organisations help create child safe organisational cultures and practices

- The importance of **culturally safe environments** and practices is included in the National Principles

- Stakeholders told us there needed to be more **culturally appropriate support** for implementing the National Principles in Aboriginal and Torres Strait Islander communities and organisations

National Principles for Child Safe Organisations

1. Child safety and wellbeing is embedded in organisational leadership, governance and culture.
2. Children and young people are informed about their rights, participate in decisions affecting them and are taken seriously.
3. Families and communities are informed and involved in promoting child safety and wellbeing.
4. Equity is upheld and diverse needs respected in policy and practice.
5. People working with children and young people are suitable and supported to reflect child safety and wellbeing values in practice.
6. Processes to respond to complaints and concerns are child focused.
7. Staff and volunteers are equipped with the knowledge, skills and awareness to keep children and young people safe through ongoing education and training.
8. Physical and online environments promote safety and wellbeing while minimising the opportunity for children and young people to be harmed.
9. Implementation of the national child safe principles is regularly reviewed and improved.
10. Policies and procedures document how the organisation is safe for children and young people.

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Thank you for participating
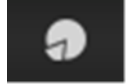
Please ensure you complete the *feedback survey* before you log out.

Click the yellow speech bubble icon in the top right hand corner of your screen to open the survey.

- Statements of Attendance for this webinar will be issued within four to six weeks.

- Each participant will be sent a link to the recording of this webinar and associated online resources within four to six weeks.

Resources and further reading

Other supporting resources associated with this webinar can be found by clicking on the supporting resources icon.

For more information about Emerging Minds, visit www.emergingminds.com.au

Upcoming webinars in 2022:

- Supporting the wellbeing of infants and children through a trauma-informed lens (February)
- Assessment and engagement with infants and children (April)
- Building parents' understanding of infant mental health (June)

MHPN webinars in 2021:

- Trauma informed care in Older Australians 18th November
- Generalised anxiety disorder 6th December

This webinar was co-produced by MHPN and Emerging Minds for the Emerging Minds: National Workforce Centre for Child Mental Health (NWCCMH) project.

The NWCCMH is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program.

Would you like to continue the discussion with local practitioners?

Or perhaps start discussing issues of local relevance? MHPN Project Officers are available to help you establish and/or join interdisciplinary mental health networks across metropolitan, regional, rural and remote Australia, either face-to-face or online.

We have 373 networks around the country as well as online networks.

Visit our online map to find out which networks are close to you at mhpn.org.au or contact Jacqui O'Loughlin at networks@mhpn.org.au