

Welcome to tonight's webinar. It will start at 7:15 pm AEDT.

Join a local Veteran-Focussed Mental Health Professionals' Network:

Networks are currently located in the following areas:

- Brisbane
- Perth
- Newcastle
- Liverpool (NSW)
- Townsville
- Canberra
- Melbourne
- Adelaide

To join or find out more, click on the **supporting resources tab** (bottom right of your screen) and view the 'Join a network' document.

Mental Health and the Military Experience

> WEBINAR SERIES



Australian Government
Department of Veterans' Affairs

Mental Health and the Military Experience

> WEBINAR 9

A snapshot of Australian
Veterans' Mental Health
Research: Important
insights for clinical
practice



Australian Government
Department of Veterans' Affairs

Tonight's panel



Dr Jane Hay
Psychiatrist



Dr Phil Parker
General Practitioner



Prof Zachary Steel
Psychologist



Prof Mark Creamer
Clinical Psychologist
(Facilitator)

This webinar series

This is the ninth of fourteen webinars in the extended Mental Health and the Military Experience series. It has been made possible through funding provided by the Department of Veterans' Affairs.

Learn more about the Department of Veterans' Affairs by visiting:

www.dva.gov.au

Learning Outcomes

Through a facilitated panel discussion, about the Transition and Wellbeing Research Programme Mental Health Prevalence and Pathways to Care research initiatives, at the completion of the webinar participants will be able to:

- better understand the key drivers and outcomes of the Prevalence and Pathways to Care research
- identify implications, challenges and risks for clinical practice as a result of insights demonstrated by the Prevalence and Pathways to Care research
- have increased confidence to source and access mental health research about veterans in order to improve clinical efficacy and consumer outcomes.

**Professor Alexander McFarlane will provide a brief
overview of the *Mental Health Prevalence research***

**Transition and Wellbeing Research Programme:
Van Hooff M, Lawrence-Wood E, Hodson S, Sadler
N, Benassi H, Hansen C, Grace B, Avery J, Searle
A, Iannos M, Abraham M, Baur J, McFarlane A
(2018)**

***Mental Health and Wellbeing Transition Study, the
Department of Defence and the Department of
Veterans' Affairs, Canberra.***

Panel response



Dr Jane Hay
Psychiatrist



Dr Phil Parker
General Practitioner



Prof Zachary Steel
Psychologist



Prof Mark Creamer
Clinical Psychologist
(Facilitator)

**Professor David Forbes will provide a brief
overview of the *Pathways to Care* research**

**Transition and Wellbeing Research Programme:
Forbes D, Van Hoof M, Lawrence-Wood E, Hodson
S, Sadler N, Benassi H, Hansen C, Avery J, Varker
T, O'Donnell M, Phelps A, Frederickson J, Sharp M,
Searle A, McFarlane A (2018)**

***Mental Health and Wellbeing Transition Study*, the
Department of Defence and the Department of
Veterans' Affairs, Canberra.**

Panel response



Dr Jane Hay
Psychiatrist



Dr Phil Parker
General Practitioner



Prof Zachary Steel
Psychologist



Prof Mark Creamer
Clinical Psychologist
(Facilitator)

Panel discussion



Dr Jane Hay
Psychiatrist



Dr Phil Parker
General Practitioner



Prof Zachary Steel
Psychologist



Prof Mark Creamer
Clinical Psychologist
(Facilitator)

Local networking

Join a local Veteran-Focussed Mental Health Professionals' Network.

Networks are currently located in the following areas:

- Brisbane
 - Perth
 - Newcastle
 - Liverpool, NSW
 - Townsville
 - Canberra
 - Melbourne
 - Adelaide
- For more information see the 'Join a network' document in the supporting resources tab (bottom right of your screen)
 - Interested in leading a face-to-face network of mental health professionals with a shared interest in veterans' mental health in your local area? MHPN can support you to do so. Contact Amanda on 03 8662 6613 or email a.zivcic@mhpn.org.au

Panellist and DVA recommended resources

- For access to resources recommend by the Department of Veterans' Affairs and the panel, click the supporting resources document in the documents tab at the bottom right of the screen.

Thank you for your participation

- Please ensure you complete the feedback survey before you log out.
- Click the Feedback Survey tab at the bottom of the screen to open the survey.
- Attendance Certificates will be emailed within four weeks.
- You will receive an email with a link to the supporting resources associated with this webinar in the next few weeks.

Mental Health and the Military Experience

This was the ninth of fourteen webinars in the extended **Mental Health and the Military Experience** series, produced by MHPN and commissioned by the Department of Veterans' Affairs (DVA).

MHPN would like to thank the DVA for the opportunity to raise awareness of veterans' mental health issues.