

Infant and Child Mental Health Professional Development Webinar Series

## CASE STUDY

## The effects of adverse experience on children

## Thy's story

Thy is a six-year-old girl who lives with her foster family. In the first years of her life Thy lived with her birth parents who had many parties. Often there were many strangers, and drugs and alcohol in the house. Thy was regularly left in unsafe situations and the extent of her experiences is not fully known.

Thy's foster parents say that she is an affectionate child who is generous and funny, but that at times they worry that she is openly affectionate to strangers.

Thy can also become disengaged or aggressive towards her foster parents and siblings. At these times she tells her foster parents that she hates them and can't wait to be reunited with her birth family.

Thy's foster family worry about their capacity to keep her safe and they wonder if she would be better off in another placement.

Follow <u>this link</u> to watch a short one minute video of Thy's story.

Issue with the link? Copy and paste the following into your internet browser: https://vimeo.com/331149915/48baa8ff73



This resource was co-produced by MHPN and Emerging Minds for the Emerging Minds: National Workforce Centre for Child Mental Health (NWCCMH) project. The NWCCMH is led by Emerging Minds and delivered in partnership with the Australian Institute of Family Studies (AIFS), the Australian National University (ANU), the Parenting Research Centre (PRC) and the Royal Australian College of General Practitioners (RACGP). The NWCCMH is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program.

