Emerging Minds.

National Workforce Centre for Child Mental Health

Infant and Child Mental Health
Professional Development Webinar Series

SUPPORTING RESOURCES

These supporting resources are those associated with the following webinars:

The effects of adverse experiences on children

Working with parents who experience adverse childhood experiences

Online resources

- Child development and trauma guide
  https://www.dcp.wa.gov.au/ChildProtection/ChildAbuseAndNeglect/Documents/ChildDevelopmentAndTraumaGuide.pdf

- Centers for Disease Control and Prevention: Adverse Childhood Experiences Resources
  https://www.cdc.gov/violenceprevention/childabuseandneglect/acestudy/resources.html

- Center on the Developing Child: Harvard University
  https://developingchild.harvard.edu/

- Developmental Trauma Disorder: Towards a rational diagnosis for children with complex trauma histories
  http://www.traumacenter.org/products/pdf_files/preprint_dev_trauma_disorder.pdf

- Blue Knot Foundation: National Centre of Excellence for Complex Trauma
  https://www.blueknot.org.au/Training-Services?gclid=CjwKCAjwq-TmBRBdEiwAaO1en4L2hgZTdvFAIQyIJ1WhTaaa03KxrB4tbaHfJq3G4NK9o35iE1lRTRoC3wYQAvD_BwE

- Beacon House: Therapeutic Services and Trauma Team
  https://beaconhouse.org.uk/useful-resources/

- Burden of adverse childhood experiences in children attending paediatric clinics in South Western Sydney, Australia: a retrospective audit
  https://bmjpaedsopen.bmj.com/content/3/1/e000330

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Online resources *continued . . .*

- https://www.albertafamilywellness.org/

- https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime

- TED talk by Dr Stan Sonu provides a compelling summary of the importance of understanding ACEs in our day-to-day practice and how this understanding can lead to greater empathy in our services: https://www.youtube.com/watch?v=QIlh5m6rS2s&feature=share&app=desktop

- Robert Wood Johnson Foundation [Internet]. New Jersey: Robert Wood Johnson Foundation; 2013 May 12. [cited 2018 Dec 04]. The truth about ACEs infographic. Available from: https://www.rwjf.org/en/library/infographics/the-truth-about-aces.html

Books and journal articles

- Allen M, Donkin, A. The impact of adverse experiences in the home on the health of children and young people, and inequalities in prevalence and effects [Internet]. United Kingdom: UCL Institute of Health Equity; 2015 [cited 2018 November 19]. 57 p. Available from: http://www.instituteofhealthequity.org/resources-reports/the-impact-of-adverse-experiences-in-the-home-on-children-and-young-people/impact-of-adverse-experiences-in-the-home.pdf

- Burke Harris, N. (2018). The deepest well: Healing the long-term effects of childhood adversity. Boston: Houghton Miffin Harcourt.

- Felitti V, Anda RF, Nordenburg D, Williamson DF, Spitz AM, Edwards V, et al. Relationship of childhood abuse and household dysfunction to many of the leading causes of death in adults: The adverse childhood experiences (ACE) study. Am J Prev Med [Internet]. 1998 May [cited 2018 November 21]; 14 (4): 245-258. Available from: https://www.ajpmonline.org/article/S0749-3797(98)00017-8/pdf or https://doi.org/10.1016/S0749-3797(98)00017-8

- Hughes KP, Bellis MA, Hardcastle KA, Sethi D, Butchart A, Mikton C, et al. The effect of multiple adverse childhood experiences on health: A systematic review and meta-analysis. Lancet Public Health [Internet]. 2017 Aug [cited 2018 Dec 04]; 2(8): e356-e366. Available from: https://www.thelancet.com/journals/lanpub/article/PIIS2468-2667(17)30118-4/fulltext doi:10.1016/S2468-2667(17)30118-4

- van der Kolk, B. (2014) The body keeps the score, London. Penguin Books

Emerging Minds online training and resources

Emerging Minds: National Workforce Centre for Child Mental Health web hub (resources, tools, training, evidence and news for professionals working in the health, social and community sectors)

e-Learning

- Trauma and the child
  https://emergingminds.com.au/online-course/trauma-and-the-child/

- Child mental health
  https://emergingminds.com.au/online-course/child-mental-health/

- Engaging Children – A foundation
  https://emergingminds.com.au/online-course/engaging-with-children-a-foundation/

- Engaging Parents – An Introduction
  https://emergingminds.com.au/online-course/engaging-with-parents/

- Building Blocks of Children's Social and Emotional Wellbeing
  https://emergingminds.com.au/online-course/building-blocks-childrens-social-emotional-wellbeing/

Practice papers

- Why is it difficult for parents to talk to practitioners about their children's mental health?
  https://emergingminds.com.au/resources/why-is-it-difficult-for-parents-to-talk-to-practitioners-about-their-childrens-mental-health/

- Supporting children in families with complex needs: Nine tips for practitioners who feel out of their depth
  https://emergingminds.com.au/resources/supporting-children-in-families-with-complex-needs-nine-tips-for-practitioners-who-feel-out-of-their-depth/