Suicide Prevention for LGBTIQA+ Communities

Please note the resources displayed in this document were accurate at the time of publication

MHPN WEBINARS

SUPPORTING RESOURCES

MHPN Resources

MHPN Network: Join or start a new network

MHPN Webinar Library: Watch our previous webinars

MHPN Podcast: Listen to our range of podcasts

Websites

ACON's Transhub

https://www.transhub.org.au/

ACON's Pride Training

https://www.pridetraining.org.au/

AusPATH

https://auspath.org.au

Black Rainbow

www.blackrainbow.org.au

COVID and the Aboriginal and Torres Strait Islander LGBTIQASB community (2022). Black Rainbow. [Open research study].

https://blackrainbow.org.au/research/

Online training module for supporting non-binary young people in schools http://tinyurl.com/NBmodule

ACON LGBTIQ+ domestic violence website Say It Out Loud

https://sayitoutloud.org.au

Transhealth SA - resource documenting trans affirming clinicians in South Australia www.transhealthsa.com

The Rainbow Owl: resource for educators, mental health professionals, sporting organisations and higher education staff to help facilitate the inclusion of trans people https://www.the-rainbow-owl.com



Suicide Prevention for LGBTIQA+ Communities (cont.)

SUPPORTING RESOURCES

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Books

Bonson, D. (2017). *Voices from the black rainbow: Aboriginal and Torres Strait Islander LGBQTI sistergirl and brotherboys people in health, wellbeing and suicide prevention strategies.* Indigenist.

https://books.google.com.au/books/about/Voices from the Black Rainbow.html?id=zpuBnQAACAAJ&red ir esc=y

Davies, C., Robinson, K., Metcalf, A., Ivory, K., Mooeny-Somers, J., Skinner, R., & Race, K. (2021). Australians of diverse sexual orientations and gender identities. In Dune, T., McLeod, K., & Williams, R (Eds). *Culture, Diversity and Health in Australia: Towards Culturally Safe Health Care*. Routledge.

https://www.routledge.com/Culture-Diversity-and-Health-in-Australia-Towards-Culturally-Safe-Health/Dune-McLeod-Williams/p/book/9781760527389

Journals/Reports

Australian Human Rights Commission. (2015). Resilient Individuals: Sexual Orientation, Gender Identity & Intersex Rights, National Consultation Report.

https://humanrights.gov.au/sites/default/files/document/publication/SOGII%20Rights%20Report%202015 Web Version.pdf

Bretherton, I., Thrower, E., Zwickl, S., Wong, A., Chetcuti, D., Grossmann, M., Zajac, J. D., & Cheung, A. S. (2021). The Health and Well-Being of Transgender Australians: A National Community Survey. *LGBT health*, *8*(1), 42-49.

https://www.liebertpub.com/doi/10.1089/lgbt.2020.0178

Dudgeon, P., Bonson, D., Cox, A., Georgatos, G., & Rouhani, L. (2015). The Aboriginal and Torres Strait Islander Suicide Prevention Evaluation Project: Sexuality and Gender Diverse Populations (Lesbian, Gay, Bisexual, Transsexual, Queer and Intersex—LGBTQI): Roundtable report.

https://www.atsispep.sis.uwa.edu.au/ data/assets/pdf_file/0005/2939189/ATSISPEP-LGBTQI-Roundtable-Report.pdf

Farrell, A. (2021). Feeling seen: Aboriginal and Torres Strait Islander LGBTIQ+ Peoples, (In)Visibility, and Social-Media Assemblages. *Genealogy*, *5*(2), 1-11.

https://www.mdpi.com/2313-5778/5/2/57/htm

Hill, B., Uink, B., Dodd, J., Bonson, D., Eades, A., & Bennett, S. (2021). Breaking the silence: Insights from WA Services Working with Aboriginal/LGBTIQ+ People. Organisations summary report 2021.

https://www.ecu.edu.au/__data/assets/pdf_file/0003/931791/BTS_Organisational_final.pdf





MHPN WEBINARS SUPPORTING RESOURCES

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Hill, B., Dodd, J., Uink, B., Bonson, D., Bennett, S., & Eades, A.-M. (2022). Aboriginal and Queer Identity/ies in Western Australia: When There is a Need to Know in Therapeutic Settings. *Qualitative Health Research*.

https://pubmed.ncbi.nlm.nih.gov/35201901/

Hyde, Z., Doherty, M., Tilley, P. J. M., McCaul, K. A., Rooney, R., & Jancey. J. (2023). The first Australian National Trans Mental Health Study: Summary of results.

https://www.lgbtiqhealth.org.au/the first australian national trans mental health study

Liddelow-Hunt, S., Uink, B., Hill, B., Perry, Y., Munns, S., Talbott, T., & Lin, A. (2021). Walkern Katatdjin (Rainbow Knowledge) Phase 1 Community Report, Perth, Western Australia

https://www.rainbowknowledge.org/ files/ugd/7ca884 614b97c5e3b5494990e416ee7a3dbcc3.pdf

O. Hill, A., Bourne, A., McNair, R., Carman, M., & Lyons, A. (2020). Private Lives 3. *The health and wellbeing of LGBTQ people in Victoria*.

https://www.latrobe.edu.au/ data/assets/pdf file/0009/1185885/Private-Lives-3.pdf

O. Hill, A., Lyons, A., Jones, J., McGowan, I., Carman, M., Parsons, M., Power, J., & Bourne, A. (2021). Writing Themselves In 4. *The health and wellbeing of LGBTQ people in Victoria*.

https://www.latrobe.edu.au/ data/assets/pdf_file/0010/1198945/Writing-Themselves-In-4-National-report.pdf

Scheim, A. I., Jackson, R., James, L., Dopler, T. S., Pyne, J., & Bauer, G. R. (2013). Barriers to Well-being for Aboriginal Gender-diverse People: Results from the Trans PULSE Project in Ontario, Canada. *Ethnicity and Inequalities in Health and Social Care*, *6*(4), 108-120.

https://transpulseproject.ca/research/barriers-well-aboriginal-gender-diverse-people-results-trans-pulse-project-ontario-canada/

The Aboriginal Health Council of South Australia Ltd. & the Lowitja Institute. (2019). The Aboriginal gender study, final report.

https://apo.org.au/node/260451

Treharne, G.J., Riggs, D. W., Ellis, S. J., Flett, J. A. M., & Bartholomaeus, C. (2020). Suicidality, self-harm, and their correlates among transgender and cisgender people living in Aotearoa/New Zealand or Australia. *International Journal of Transgender Health*, *21*(4), 440-454.

https://www.tandfonline.com/doi/abs/10.1080/26895269.2020.1795959?journalCode=wijt21

Uink, B., Liddelow-Hunt, S., Daglas, K., & Ducasse, D. (2020). The time for inclusive care for Aboriginal and Torres Strait Islander LGBTQ+ young people is now. *The Medical Journal of Australia*, 213(5), 201-204.

 $\underline{https://www.mja.com.au/journal/2020/213/5/time-inclusive-care-aboriginal-and-torres-strait-islander-lgbtq-young-people-now$





MHPN WEBINARS SUPPORTING RESOURCES

Suicide Prevention for LGBTIQA+ Communities (cont.)

Uink, B., Dodd, J., Bennett, S., Bonson, D., Eades, A.-M., & Hill, B. (2022). Confidence, practices and training needs of people working with Aboriginal and Torres Strait islander LGBTIQ+ clients. *Culture, Health & Sexuality*.

https://www.tandfonline.com/doi/abs/10.1080/13691058.2022.2031298?journalCode=tchs20

Van der Miesen, A. I. R., Steensma, T. D., de Vries, A. L. C., Bos, H., & Popma, A. (2020). Psychological Functioning in Transgender Adolescents Before and After Gender-Affirmative Care Compared with Cisgender General Population Peers. *Journal of Adolescent Health*, 66(6), 699–704.

https://www.sciencedirect.com/science/article/abs/pii/S1054139X20300276

Zwickl, S., Wong, A. F. Q., Dowers, E., Leemaqz, S. Y., Bretherton, I., Cook, T., Zajac, J. D., Yip, P. S. F., & Cheung, A. S. (2021). Factors associated with suicide attempts among Australian transgender adults. *BMC Psychiatry*, *21*(1), 81–81.

https://bmcpsychiatry.biomedcentral.com/articles/10.1186/s12888-021-03084-7

Zwickl, S., Angus, L. M., Qi, A. W. F., Ginger, A., Eshin, K., Cook, T., Leemaqz, S. Y., Dowers, E., Zajac, J. D., & Cheung, A. S. (2021). The impact of the first three months of the COVID-19 pandemic on the Australian trans community. *International Journal of Transgender Health*, 1-11.

https://www.tandfonline.com/doi/full/10.1080/26895269.2021.1890659

Emerging Minds:

Dunk-West, P. (Host). (2021, December 23). Re-release: Inclusive practice with rainbow families. [Audio podcast episode]. In *Emerging Minds*.

https://emergingminds.com.au/resources/podcast/re-release-inclusive-practice-with-rainbow-families/

Guides:

Farrugia, C. (February, 2022). Evidence to practice guide: Inclusive communication with LGBTIQ+ clients.

https://aifs.gov.au/cfca/publications/inclusive-communication-lgbtiqclients?utm_source=CFCA+Mailing+List&utm_campaign=67eacb0bd4-EMAIL_CAMPAIGN_2020_03_11_COPY_01&utm_medium=email&utm_term=0_81f6c8fd89-67eacb0bd4-211289517

News Articles:

Bonson, D. (2016). I am Indigenous. I am gay. Unlike Tyrone Unsworth, I survived. The Guardian.

https://www.theguardian.com/commentisfree/2016/nov/28/i-am-indigenous-i-am-gay-unlike-tyrone-unsworth-i-survived





MHPN WEBINARS SUPPORTING RESOURCES

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Bonson, D. (2017). Our LGBQTI Mob are killing themselves. Isn't it time we were shown a little love?. IndigenousX, The Guardian.

https://www.theguardian.com/commentisfree/2017/dec/05/our-lgbqti-mob-are-killing-themselves-isnt-it-time-we-were-shown-a-little-love

Cheung, A., & Zwickl, S. (2021, March 03). Why have nearly half of transgender Australians attempted suicide?. *Pursuit, University of Melbourne*.

 $\underline{https://pursuit.unimelb.edu.au/articles/why-have-nearly-half-of-transgender-australians-attempted-\underline{suicide}$

Zwickl, S., Wong, A., & Ginger, A. (2021, November 15). Dispelling the myths about transgender people. *Pursuit, University of Melbourne*.

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