

MENTAL HEALTH IN FOCUS

EMERGENCY WORKERS: RESPONDER ASSIST

Supporting Resources

Treatment Options

Episode Three

Release date: 18 January 2023

Resource Name	Link	Description
Responder Assist	https://www.phoenixaustalia.org/responder-assist/	Mental health information, resources and training for emergency workers, their families and the professionals who support them.
The Australian Guidelines for the Prevention and Treatment of Acute Stress Disorder, Posttraumatic Stress Disorder and Complex PTSD	https://www.phoenixaustalia.org/australian-guidelines-for-ptsd/	Provide general and mental health practitioners, policy makers, industry, and people affected by trauma with access to recommendations reflecting current evidence on how to better respond to the needs and preferences of people living with these mental health issues.

Journal Articles

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