

# MENTAL HEALTH IN FOCUS

## EMERGENCY WORKERS: RESPONDER ASSIST

Supporting Resources

### Experts by Lived Experience

#### Episode Four

Release date: 25 January 2023

Resource Name	Link	Description
<b>Responder Assist</b>	<a href="https://www.phoenixaustralia.org/responder-assist/">https://www.phoenixaustralia.org/responder-assist/</a>	Mental health information, resources and training for emergency workers, their families and the professionals who support them.
<b>Psychological Trauma Recovery Service (PTRS)</b>	<a href="https://www.austin.org.au/mental-health/trauma-recovery/">https://www.austin.org.au/mental-health/trauma-recovery/</a>	A specialised, state-wide service for people with trauma-related mental health conditions.

