



# WEBINAR

# Culturally Responsive Health Care for Older Australians





#### This webinar

Is the result of a unique partnership between the thirty-one Australian Primary Health Networks and the Mental Health Professionals Network. This is the third in the webinar series produced under this partnership exploring older people and mental health.

Through a facilitated panel discussion, this webinar will offer interdisciplinary insights into the complex interrelationship of ageing related health issues as well as the merits, challenges and opportunities in providing collaborative care to older people grappling with age related health issues.





# Tonight's panel



Susan Moylan-Coombs CEO The Gaimaragal Group



Sameera Suleman Occupational Therapist



Dr Ming Loh Geriatrician



Facilitator: Dr Stephen Ginsborg General Practitioner

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## **Webinar platform**

To interact with the webinar platform hover over the colourful icons to the top right of your screen

- Open the chat box
- Access resources including the case study, panel biographies and supporting resources
- Open the feedback survey

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#### **Learning Outcomes**

Through a facilitated panel discussion about culturally responsive practice, at the completion of the webinar participants will:

- Discuss how culturally diverse social and emotional wellbeing beliefs are associated with healing and recovery for older people
- Outline the impacts of treatment and support sought by older people experiencing difficulties with their social and emotional wellbeing
- Discuss practical tips and strategies to engage in recovery oriented, culturally responsive conversations with older people
- Identify improved target of referrals for older people as a result of improved understanding of the role of different disciplines, faith based groups and community services

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### **Questions and Answers**



Susan Moylan-Coombs CEO The Gaimaragal Group



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#### Recommended resources



For access to resources recommended by the panel, click on the supporting resources tab located at the top right-hand part of your screen.

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#### Local networking

Would you like to continue the 'Older Persons' social and emotional wellbeing discussion with local practitioners? Join a local Older Persons Network:

- · NSW Sydney North Older Persons Mental Health
- QLD Brisbane North Older Persons Network
- OLD Sunshine Coast Older Persons Network
- · QLD Cairns Older Persons Mental Health
- · Vic Goulburn Valley Hume
- SA South Australia Country Older Persons Network (hybrid online and F2F).

We can also support you to start and lead a Older Persons network in your local area. To find out more, contact Amanda on 03 8662 6602 or email <a href="mailto:a.osciak@mhpn.org.au">a.osciak@mhpn.org.au</a>.

You can also express your interest to join a network by completing the feedback survey before you log out.

We have 375 interdisciplinary mental health networks across metropolitan, rural, regional and remote Australia. Visit our online map to find out which networks are close to you at mhpn.org.au or contact Jacqui O'Loughlin at <a href="mailto:networks@mhpn.org.au">networks@mhpn.org.au</a>.

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## Thank you for your participation

- Please ensure you complete the feedback survey before you log out.
- Your Statement of Attendance will be emailed within four weeks.
- You will receive an email with a link to online resources associated with this webinar in the next few weeks.

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THANK YOU FOR YOUR PARTICIPATION