



## WEBINAR

# Trauma informed care with older Australians

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## This webinar

Is the result of a unique partnership between the thirty-one Australian Primary Health Networks and the Mental Health Professionals' Network. This is the first webinar of second series produced under this partnership exploring older people and mental health.

Through a facilitated panel discussion, this webinar will offer interdisciplinary insights into the complex interrelationship of ageing related health issues as well as the merits, challenges and opportunities in providing collaborative care to older people grappling with age related health issues.

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## Tonight's panel



E/Prof Judith Atkinson  
International Indigenous  
Trauma Healing Educator  
and Researcher



Dr Johanna Lynch  
General Practitioner



Dr Duncan McKellar  
Psychiatrist



Facilitator:  
Dr Stephen Ginsborg  
General Practitioner

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## Webinar platform

To interact with the webinar platform hover over the colourful icons to the top right of your screen



Open the chat box



Access resources including the case study, panel biographies and supporting resources



Open the feedback survey

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## Learning Outcomes

Through a facilitated panel discussion, about trauma informed care, at the completion of the webinar participants will:

- Discuss how the long-lasting effects of trauma can influence the life of older Australians.
- Outline the types of treatment and support sought by older people who have experienced trauma.
- Discuss practical tips and strategies to engage in trauma informed care with older people.
- Identify ways to improve interdisciplinary collaboration and referral pathways in the care of older people.

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## Questions and Answers



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International Indigenous  
Trauma Healing Educator  
and Researcher



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General Practitioner



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Psychiatrist



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Dr Stephen Ginsborg  
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## Recommended resources



For access to resources recommended by the panel, click on the supporting resources tab located at the top right-hand part of your screen.

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## Local networking

**Would you like to continue the 'Older Persons' social and emotional wellbeing discussion with local practitioners? Join a local Older Persons Network:**

- NSW - Sydney North Older Persons Mental Health
- QLD - Brisbane North Older Persons Network
- QLD - Sunshine Coast Older Persons Network
- QLD - Cairns Older Persons Mental Health
- Vic - Goulburn Valley Hume
- SA - South Australia Country Older Persons Network (hybrid online and F2F).

We can also support you to start and lead a Older Persons network in your local area. To find out more, contact Amanda on 03 7020 1784 or email [a.osciak@mhpn.org.au](mailto:a.osciak@mhpn.org.au).

You can also express your interest to join a network by completing the feedback survey before you log out.

We have 375 interdisciplinary mental health networks across metropolitan, rural, regional and remote Australia. Visit our online map to find out which networks are close to you at [mhpn.org.au](http://mhpn.org.au) or contact Jacqui O'Loughlin at [networks@mhpn.org.au](mailto:networks@mhpn.org.au).

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## Thank you for your participation

- Please ensure you complete the feedback survey before you log out.
- Your Statement of Attendance will be emailed within four weeks.
- You will receive an email with a link to online resources associated with this webinar in the next few weeks.

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**THANK YOU FOR  
YOUR PARTICIPATION**

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