

Supporting the wellbeing of infants and children through a trauma-informed lens

Please note the resources displayed in this document were accurate at the time of publication

Emerging Minds Practice Papers

Hervatin, M. (2021). Complex trauma through a trauma-informed lens: Supporting the wellbeing of infants and young children

<https://emergingminds.com.au/resources/complex-trauma-through-a-trauma-informed-lens-supporting-the-wellbeing-of-infants-and-young-children/>

Atkinson, J., Hayes, M., & Atkinson, C. (2020) Working and walking alongside First Nations children and young people – a practical guide for non-Aboriginal workers

<https://emergingminds.com.au/resources/working-and-walking-alongside-first-nations-childrenand-young-people-a-practical-guide-for-non-aboriginal-workers/>

Guy, S. (2020) Making use of practitioners' skills to support a child who has been sexually abused

<https://emergingminds.com.au/resources/making-use-of-practitioners-skills-to-support-a-childwho-has-been-sexually-abused/>

Price-Robertson, R. & Schuurman, C. (2019) Supporting children in families with complex needs: Nine tips for practitioners who feel out of their depth

<https://emergingminds.com.au/resources/supportingchildren-in-families-with-complex-needs-nine-tips-for-practitioners-who-feel-out-of-their-depth/>

Seekamp, S. (2019). Parent-child play: A mental health promotion strategy for all children

<https://emergingminds.com.au/resources/parent-child-play-a-mental-health-promotion-strategy-for-all-children/>

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Emerging Minds e-learning courses

The Impact of trauma on the child

<https://emergingminds.com.au/online-course/the-impact-of-trauma-on-the-child-foundation/>

Supporting children who have experienced trauma

<https://emergingminds.com.au/online-course/supporting-children-who-have-experienced-trauma/>

Supporting infants and toddlers

<https://learning.emergingminds.com.au/course/supporting-infants-and-toddlers>

Promoting infant and toddler mental health with parents

<https://emergingminds.com.au/online-course/promoting-infant-and-toddler-mental-health-with-parents/>

Understanding child mental health

<https://emergingminds.com.au/online-course/understanding-childmental-health-an-introduction/>

The impact of family violence on the child

<https://emergingminds.com.au/online-course/the-impact-of-dv-on-the-child-an-introduction/>

Working with First Nations families and children – A framework for understanding

<https://learning.emergingminds.com.au/course/working-with-first-nations-families-and-children-a-framework-for-understanding>

Healing-through voice, culture and country

<https://learning.emergingminds.com.au/course/healing-through-voice-culture-and-country>

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Emerging Minds Podcasts

What is infant and child mental health?

<https://emergingminds.com.au/resources/podcast/what-is-infant-and-child-mental-health/>

Culturally informed trauma-integrated healing practice (part 1 & 2):

<https://emergingminds.com.au/resources/podcast/culturally-informed-trauma-integrated-healing-practice-part-1/>

Responding to the challenge of child sexual abuse:

<https://emergingminds.com.au/resources/podcast/responding-to-the-challenge-of-child-sexual-abuse/>

Supporting the communication needs of children with complex trauma – part 1:

<https://emergingminds.com.au/resources/podcast/supporting-the-communication-needs-of-children-with-complex-trauma-part-1/>

Supporting the communication needs of children with complex trauma – part 2:

<https://emergingminds.com.au/resources/podcast/supporting-the-communication-needs-of-children-with-complex-trauma-part-2/>

Insights on infant sleep with Dr Pamela Douglas:

<https://emergingminds.com.au/resources/podcast/podcast-insights-on-infant-sleep-with-dr-pamela-douglas-emerging-minds/>

The power of play

<https://emergingminds.com.au/resources/podcast/the-power-of-play/>

Family Violence and Child-Aware Practice Part 1:

<https://emergingminds.com.au/resources/podcast/family-violence-and-child-aware-practice-part1/>

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Family Violence and Child-Aware Practice Part 2:

<https://emergingminds.com.au/resources/podcast/substance-use-and-child-aware-practice-part-2/>

Resources for professionals (training):

International childhood trauma conference August 2022

<https://childtraumaconf.org/>

Centre for Trauma Aware and Responsive Education

<https://professionals.childhood.org.au/centre-trauma-aware-responsive-education/>

Australian Childhood Foundation resources

<https://professionals.childhood.org.au/resources/>

Graduate Certificate in Developmental Trauma

<https://professionals.childhood.org.au/course/10800nat-graduate-certificate-in-developmental-trauma/>

Bringing Up Great Kids First 1000 Days

<https://professionals.childhood.org.au/course/bugk-first-1000-days/>

Dyadic Developmental Psychotherapy course

<https://professionals.childhood.org.au/course/dyadic-developmental-psychotherapy/>

Resources for professionals:

Articles:

Lieberman, A.F., Padron, E., Van Horn, P., & Harris, W.W. (2005) Angels in the Nursery: The intergenerational transmission of benevolent parental influences. *Infant Mental Health Journal*, Vol. 26(6), 504-520.

Fraiberg, S., Adelson, E., & Shapiro, V. (1975) Ghosts in the Nursery: A psychoanalytic Approach to the Problems of Impaired Infant-Mother Relationships. *Journal of American Academy of Child Psychiatry*, 14(3): 387-421

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PACE

<https://www.berrystreet.org.au/news/how-to-adopt-a-relationship-building-approach>

Beacon House resources

<https://beaconhouse.org.uk/resources/>

Centre for Trauma Aware and Responsive Education

<https://professionals.childhood.org.au/centre-trauma-aware-responsive-education/>

Australian Childhood Foundation resources

<https://professionals.childhood.org.au/resources/>

Resources for professionals, parents and care givers:

Lieberman, A. F., Padrón, E., Van Horn, P., & Harris, W. W. (2005). Angels in the nursery: The intergenerational transmission of benevolent parental influences. *Infant mental health journal*, 26(6), 504–520.

<https://doi.org/10.1002/imhj.20071>

Fraiberg, S., Adelson, E., & Shapiro, V. (1975). Ghosts in the nursery. A psychoanalytic approach to the problems of impaired infant-mother relationships. *Journal of the American Academy of Child Psychiatry*, 14(3), 387–421.

[https://doi.org/10.1016/s0002-7138\(09\)61442-4](https://doi.org/10.1016/s0002-7138(09)61442-4)

“No Drama Discipline” by Dr Dan Hughes and Dr Tina Payne Bryson

<https://drdansiegel.com/book/no-drama-discipline/>

“The Whole Brain Child” by Dr Dan Hughes and Dr Tina Payne Bryson

<https://drdansiegel.com/book/the-whole-brain-child/>