

# MHPN Webinar: Collaborative Care and Mental Health of People from Migrant Backgrounds



## Supporting Resources

### Websites

[Mental Health in Multicultural Australia](#)

[Victorian Transcultural Mental Health](#)

### Guides

[Abuse and violence: Working with our patients in general practice](#) (RACGP)

[Perinatal mental health of women from culturally and linguistically diverse \(CALD\) backgrounds](#) (*beyondblue*)

[Promoting Refugee Health: A guide for doctors, nurses and other health care providers caring for people from refugee backgrounds](#) (Foundation House)

[The Family Violence Provisions](#) (Immigration Advice and Rights Centre)

[Safe from Violence – A guide for women following separation](#) (Relationships Australia)

### Books and Journal Articles

Colucci, E., O'Connor, M., Field, K., Baroni, A., Pryor, R. et Minas, H. (2013). [Nature of domestic/family violence and barriers to using services among Indian immigrant women](#). *Alterstice*, 3(2), 9-26.

Lena Andary, Yvonne Stolk and Steven Klimidis. [Assessing Mental Health Across Cultures](#) (2003) Australian Academic Press.

Jill Benson and Jill Thistlethwaite. [Mental Health Across Cultures: A Practical Guide for Health Professionals](#) (2009) Radcliffe Publishing Ltd.

### Support Services

**Immigrant Women's Domestic Violence Service** (Advice for women in different languages)  
1800 755 988 (Weekdays 8am -5pm)

**Women's Domestic Violence Crisis Service** (Immediate assistance for women)  
1800 015 188 (24 hours)

**WAYSS Family Violence Crisis Service** (Advice and assistance for women in the south-east suburbs)  
1800 357 397 (Weekdays 8am - 5pm); 0400 503 338 (Weekdays 5 - 10pm, weekends 10am - 5pm)

**South East Centre Against Sexual Assault** (Advice about sexual assault)  
1800 806 292 (24 hours)

**Domestic Violence Victoria** (<http://www.dvvic.org.au>).

**Domestic Violence Resource Centre Victoria**  
(<http://www.psychologynet.org/dblinks/domestic-violence-resource-centre-victoria.html>)

**Immigrant Women's Domestic Violence Service** (<http://www.iwdvs.org.au>).

**Federation of Indian Associations of Victoria.**(<http://www.fiav.asn.au>)  
1800 FIAV 00

**Indian Women's Support Group** ([www.facebook.com/IndianWomensSupportGroup](http://www.facebook.com/IndianWomensSupportGroup))