

# Collaborative care for people living with tics and Tourette syndrome

*\*Please note the resources displayed in this document were accurate at the time of publication\**

## MHPN Resources

**MHPN Networks:** MHPN supports networks where practitioners share an interest in mental health.  
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**MHPN Webinar Library:** [Watch our previous webinars](#)

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## Interesting fact . . .

The first case description of Tourette syndrome was made by Jean-Marc-Gaspard Itard in describing the 1825 case of French noblewoman Marquise de Dampierre. Georges Gilles de la Tourette started as a junior staff in the same unit as Itard where he collected eight more cases and in 1885 described a nine-case series (which included Itard's original case).

## Guidelines

National Institute for Health and Care Excellence. (2019, May 01). *Suspected neurological conditions: recognition and referral NICE guideline*.

<https://www.nice.org.uk/guidance/ng127/chapter/recommendations-for-children-aged-under-16>

## Books

Woods, D. W., Piacentini, J. C., Chang, S. W., Deckersbach, T., Ginsburg, G. S., Peterson, A. L., Scahill, L. D., Walkup, J. T., & Wilhelm, S. (2008). *Managing Tourette syndrome: A behavioral intervention for children and adults*. Oxford University Press.

<https://www.amazon.com.au/Managing-Tourette-Syndrome-Behavioral-Intervention/dp/0195341287>

## Articles

Eapen, V., & Usherwood, T. (2022). Assessing tics in children. *BMJ (Online)*, 376, e069346–e069346.  
<https://doi.org/10.1136/bmj-2021-069346>

<https://www.bmj.com/content/376/bmj-2021-069346.long>

## Collaborative care for people living with tics and Tourette syndrome (cont.)

### Podcasts

Dr Amos, A., & Prof Eapen, V. (Hosts). (2021, September 02). *Tourette syndrome* [Audio podcast]. In Psych Matters, RANZCP.

<https://psychmatters.ranzcp.org/1072258/8671784-tourette-syndrome>

### Web Resources

Siblings Australia Inc.

<https://siblingsaustralia.org.au/>

Tourette Syndrome Association of Australia Inc.

<https://tourette.org.au/>

Tourette Association of America. *Tourette syndrome resources*. Retrieved June 28, 2022 from:

<https://tourette.org/resources/tourette-resources/>

Tourette Association of America. *Comprehensive Behavioral Intervention for Tics (CBIT): Overview*. Retrieved June 28, 2022 from:

<https://tourette.org/research-medical/cbit-overview/?msclkid=b6f11b1db3e111ec89c85af3102c6f2c>

Tourettes Action UK. *Find support*. Retrieved June 28, 2022 from:

<https://www.tourettes-action.org.uk/8-find-support.html>

Raising Children. *Tics, tic disorders and Tourette disorder*. Retrieved June 28, 2022 from:

<https://raisingchildren.net.au/guides/a-z-health-reference/tics-tourette-disorder>

Ontario Child & Parent Resource Institute (CPRI). *Brake shop clinic resources*. Retrieved June 28, 2022 from:

<https://leakybrakes.ca/brake-shop/brake-shop-clinic-resources/>

NHS UK. *Tourette's syndrome*. Retrieved June 28, 2022 from:

<https://www.nhs.uk/conditions/tourettes-syndrome/>