

# MHPN WEBINAR

Wednesday 20<sup>th</sup> September 2023

## Trauma-informed care: Therapies and approaches to improve your practice



## Tonight's panel



**Graham Pringle**  
Youth Worker



**Bethany Mahadeo**  
Occupational Therapist /  
Art Psychotherapist



**Matt Ball**  
Nurse Practitioner/  
Psychotherapist



**Facilitator:**  
**Steve Trumble**  
General Practitioner

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## Learning outcomes

*This webinar will provide participants with the opportunity to:*

- Outline therapies and approaches that can improve practice when delivering trauma-informed care.
- Discuss different stages of life where trauma can occur and how practitioners can support clients through providing trauma-informed care.
- Discuss how to communicate effectively with other mental health practitioners to better support people affected by trauma.

## Q & A



**Graham Pringle**  
Youth Worker



**Bethany Mahadeo**  
Occupational Therapist /  
Art Psychotherapist



**Matt Ball**  
Mental Health Nurse /  
Psychotherapist



**Facilitator:**  
**Steve Trumble**  
General Practitioner



 Ask a Question

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### Webinars:

- Trauma-informed care (Part 3): The impact of trauma on the physical body on Thursday 19<sup>th</sup> October at 7.15pm

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**Thank you for your contribution and participation.**

**Good evening.**

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