

****Please note that all links provided in this document were accurate as at the date of publication - Tuesday, 28th March, 2023****

Presenters' Recommended Resources

- [InsideOut | What is Binge Eating Disorder?](#)
- [Butterfly | Binge Eating Disorder](#)

The National Eating Disorders Collaboration resources:

- [Eating Disorder Core Skills: eLearning for Mental Health Professionals](#)
- [Eating Disorder Core Skills: eLearning for GPs](#)
- [Management of eating disorders for people with higher weight: clinical practice guideline](#)
- [Types of eating disorders including factsheets](#)
- [Eating disorders and neurodivergence](#)
- [The eating disorder care team](#)
- [Stepped system of care for eating disorders](#)
- [Eating disorders in Australia](#)
- [General Practitioners: A professional resource](#)
- [Eating disorders in schools: Prevention, early identification, response and recovery support](#)
- [Risk & protective factors](#)
- [Eating disorder Medicare items](#)

MHPN's Eating Disorder Mental Health Practitioner Networks

Funded by the Federal Government, MHPN's [National Networks Program](#) aims to support practitioners from a range of disciplines to work together better, with the ultimate aim of improving collaborative care practices to achieve better outcomes for consumers.

MHPN's special interest eating disorder mental health networks offer practitioners the opportunity to hear from speakers who are leaders in the field of eating disorders, as well as connect with and learn from peers in their field from a wide range of disciplines.

There are currently a number of special interest eating disorder networks that meet in-person and online all over Australia. There is no cost to join a network.

[Find one near you!](#)

Contact networks@mhpn.org.au for more information.



ALL
TOGETHER
BETTER

Eating Disorders Collab Lab ADDITIONAL RESOURCES

Collaborative Mental Health Care in a Changing World

MARCH 2023

MHPN Professional Development

Webinars

Find free-to-access webinar recordings on the [MHPN Webinar Library](#).

Podcasts

[Eating Disorders: Beyond the Unknown](#) – A four-part podcast series produced in partnership with the National Eating Disorder Collaboration (NEDC).

- [Episode 1 – Eating Disorders Unpacked](#)
- [Episode 2 – Understanding Anorexia](#)
- [Episode 3 – Binge Eating and Bulimia: Out of the Dark](#)
- [Episode 4 – Bodies, Eating, and Living Well](#)

Find more podcast episodes on the [MHPN Podcast Library](#).

