



ALL
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LGBTIQA+ Mental Health ADDITIONAL RESOURCES

Collaborative Mental Health Care in a Changing World

MARCH 2023

****Please note that all links provided in this document were accurate as at the date of publication - Thursday, 30th March, 2023****

Presenters' Recommended Resources

- [Qlife](#) | Queer peer phone and online support
- [Transhub](#) | Archive of information for trans folks and allies
- [LGBTIQ+ Health Australia](#) | Snapshot of Mental Health and Suicide Prevention Statistics for LGBTIQ+ People
- [Mindout](#) | Mental health and suicide prevention resources for LGBTIQA+ communities
- [Black Rainbow](#) | Organisation focused on mental health of Aboriginal and Torres Strait Islander folk. Includes Report on Aboriginal and Torres Strait Islander LGBTIQSB+ People and the COVID Pandemic
- [Transcend Australia](#) | Support for families of gender diverse children
- [Emerging Minds](#) | resources on supporting gender diverse children and their families
- [Dulwich Centre](#) | Sexualities, genders and narrative practice: A narrative therapy queer space
- [Diverse Voices](#)
- [Rainbow Tick](#)
- www.zanmaeder.com | Zan Maeder's website
- [Secure Counselling](#) | Emma Love's website and [Instagram](#)

MHPN's LGBTIQA+ Mental Health Practitioner Networks

Funded by the Federal Government, MHPN's [National Networks Program](#) aims to support practitioners from a range of disciplines to work together better, with the ultimate aim of improving collaborative care practices to achieve better outcomes for consumers.

MHPN's special interest LGBTIQA+ mental health networks offer practitioners the opportunity to hear from speakers who are leaders in the field of LGBTIQA+ mental health, as well as connect with and learn from peers in their field from a wide range of disciplines.

There are currently a number of special interest LGBTIQA+ mental health networks that meet in-person and online all over Australia. There is no cost to join a network.

[Find one near you!](#)



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Contact networks@mhpn.org.au for more information.



www.mhpn.org.au



contactus@mhpn.org.au



1800 209 031



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MHPN Professional Development

Webinars

- [Suicide Prevention for LGBTIQA+ Communities](#)
- [Breaking the Silence: Improving inclusive practice for Aboriginal and Torres Strait Islander LGBTIQA+SB people – Produced in partnership with \[Black Rainbow\]\(#\)](#)
- [The impact of Covid 19 on the Aboriginal and Torres Strait Islander LGBTIQA+SB community - Produced in partnership with \[Black Rainbow\]\(#\)](#)
- [Working collaboratively to address the social and emotional wellbeing of older LGBTI people](#)

Find free-to-access webinar recordings on the [MHPN Webinar Library](#).

Podcasts

- [Transitions: Reflecting on Trans-Affirmative Health Care](#)

Find more podcast episodes on the [MHPN Podcast Library](#).

