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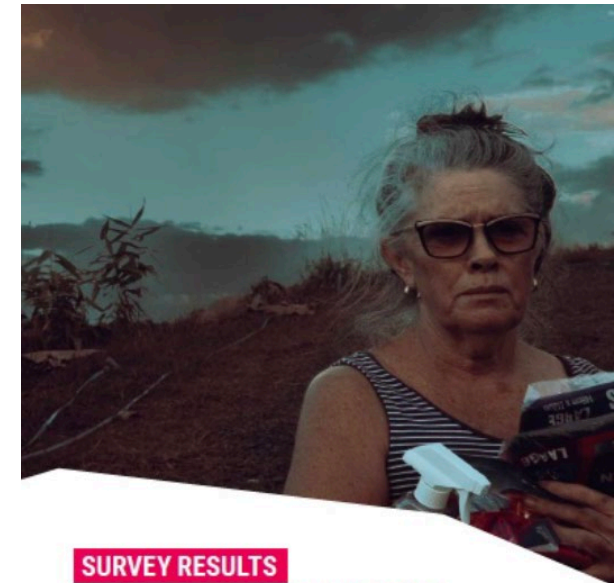
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Lead Clinical Adviser Beyond Blue



CLIMATE TRAUMA:

THE GROWING TOLL OF CLIMATE
CHANGE ON THE MENTAL
HEALTH OF AUSTRALIANS



SURVEY RESULTS

SUMMARY OF RESULTS FROM
NATIONAL STUDY OF THE IMPACT OF
CLIMATE-FUELLED DISASTERS ON THE
MENTAL HEALTH OF AUSTRALIANS



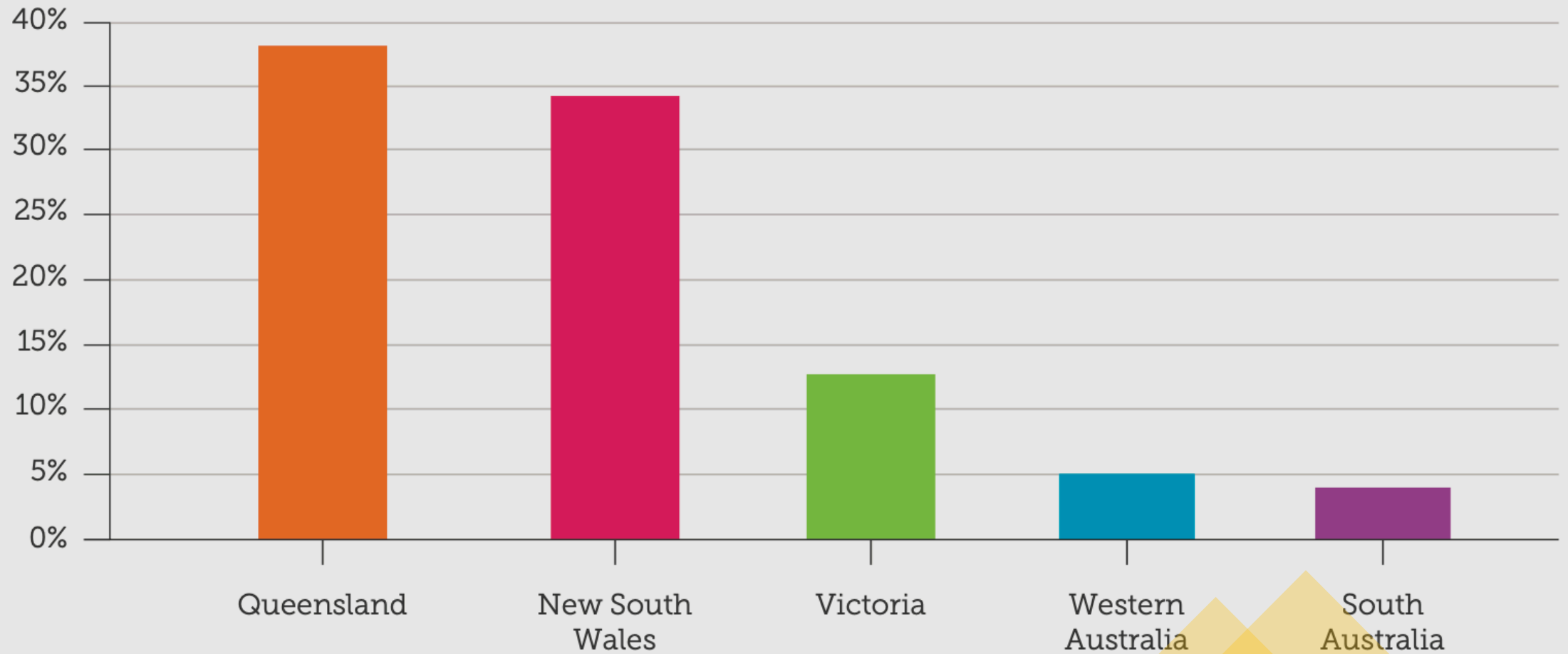
Floods, bushfires and other extreme weather events – made worse by climate change – are taking a heavy toll on the mental health of Australians.

› A national poll of over 2,000 people conducted by the Climate Council shows that the majority (80%) of Australians have experienced some form of extreme weather disaster since 2019.

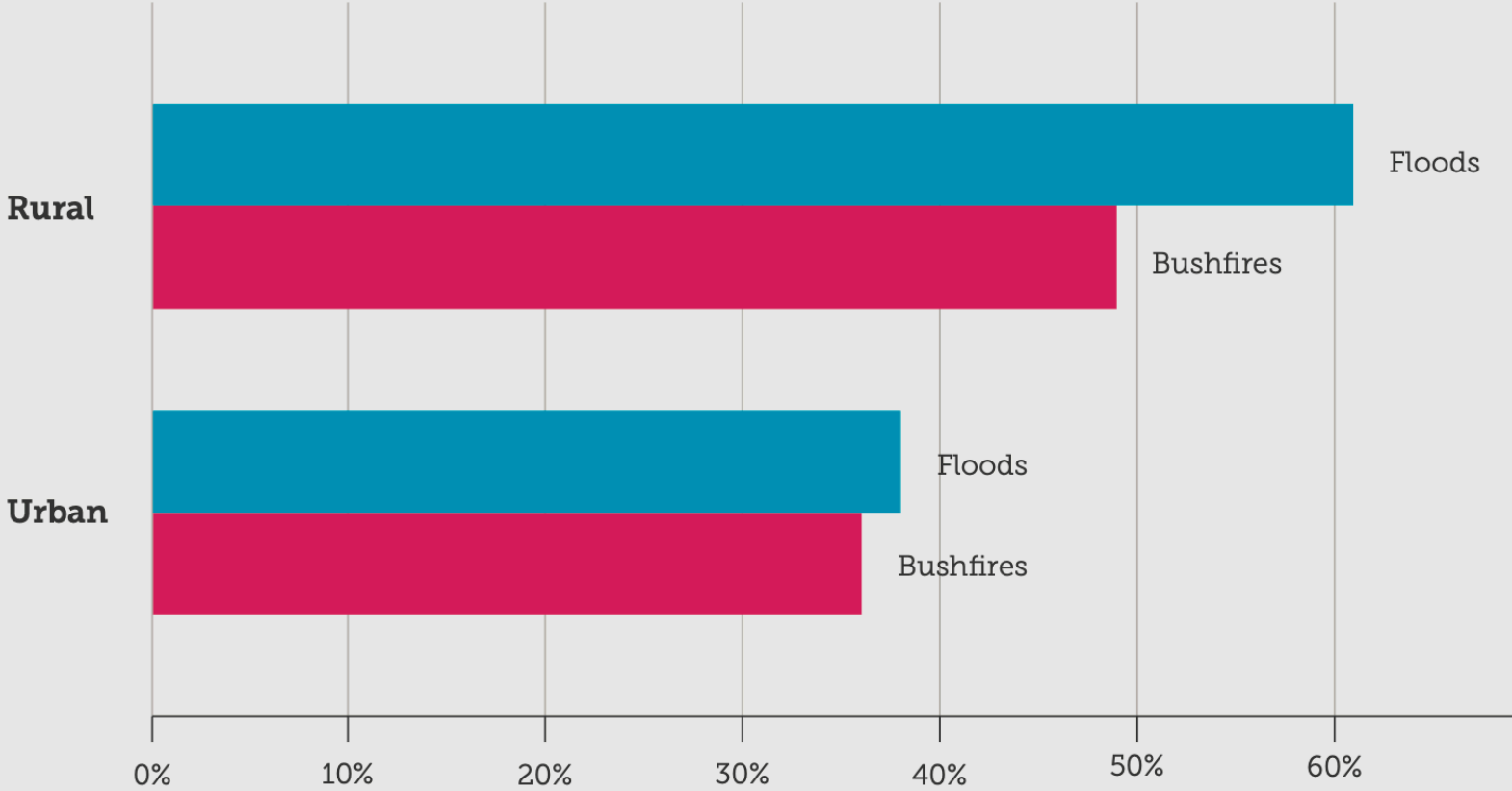
› More than half (51%) of Australians are “very worried” (25%) or “fairly worried” (26%) about climate change and extreme weather events in Australia.

› More than half (51%) of Australians who experienced a climate change-fuelled disaster since 2019 feel their mental health has been somewhat impacted, of whom one in five (21%) claim that the disaster they went through has had a “major or moderate impact” on their mental health.

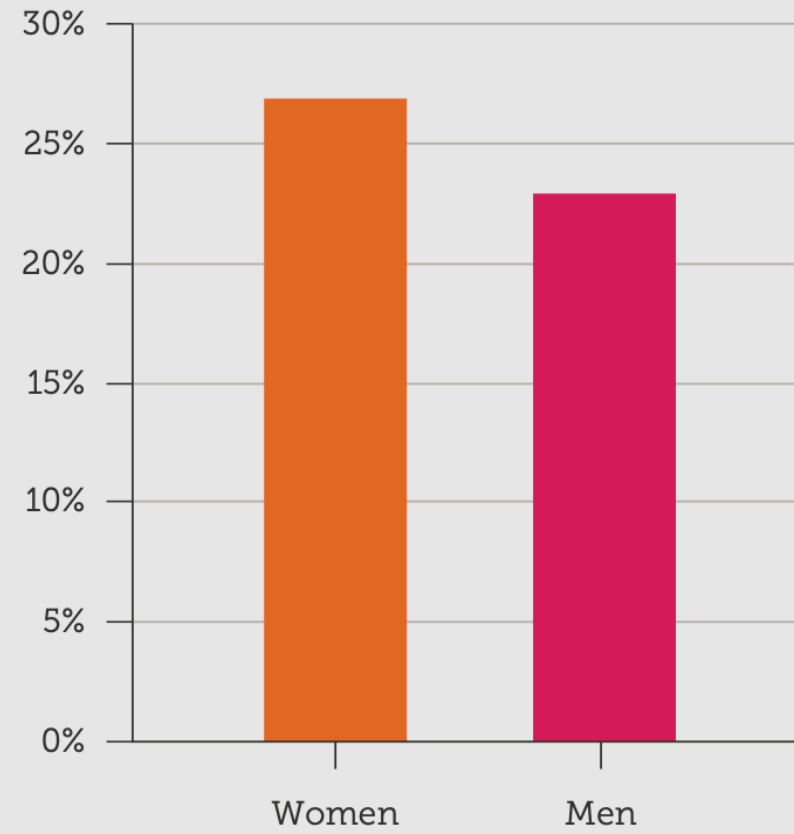
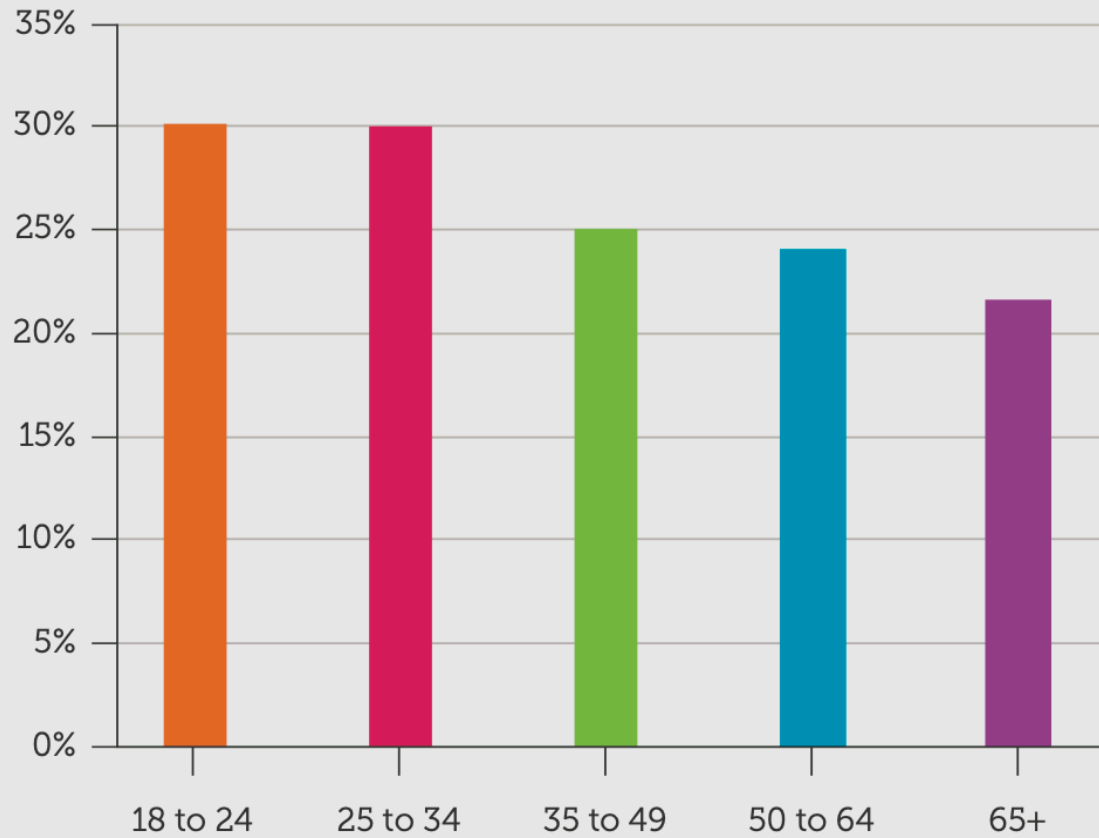
PERCENTAGE OF AUSTRALIANS EXPERIENCING FLOODING MORE THAN ONCE SINCE 2019



PERCENTAGE OF AUSTRALIANS AFFECTED BY FLOODING AND BUSHFIRES AT LEAST ONCE SINCE 2019



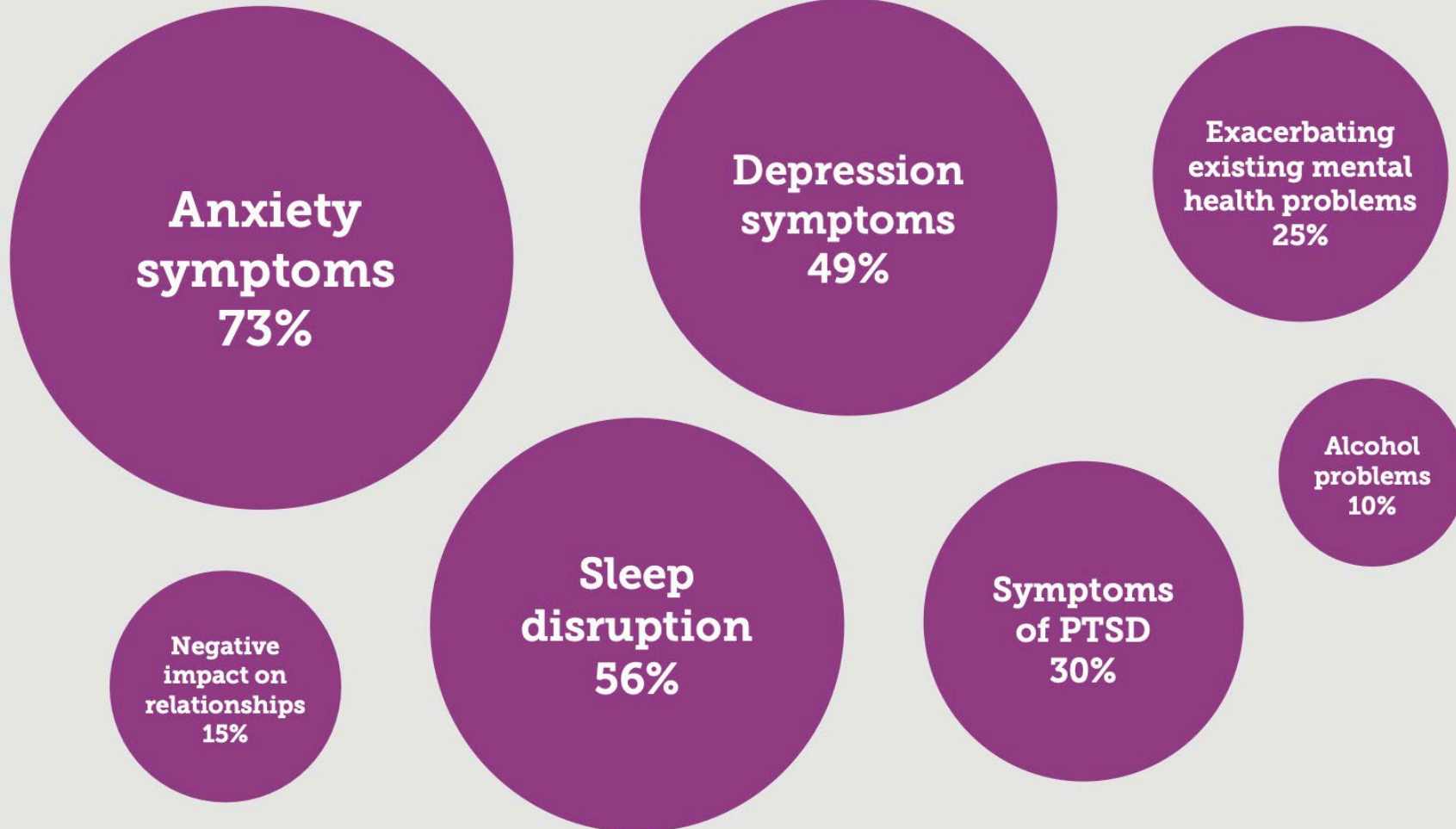
PERCENTAGE OF AUSTRALIANS WHO ARE VERY WORRIED ABOUT CLIMATE CHANGE AND EXTREME WEATHER EVENTS



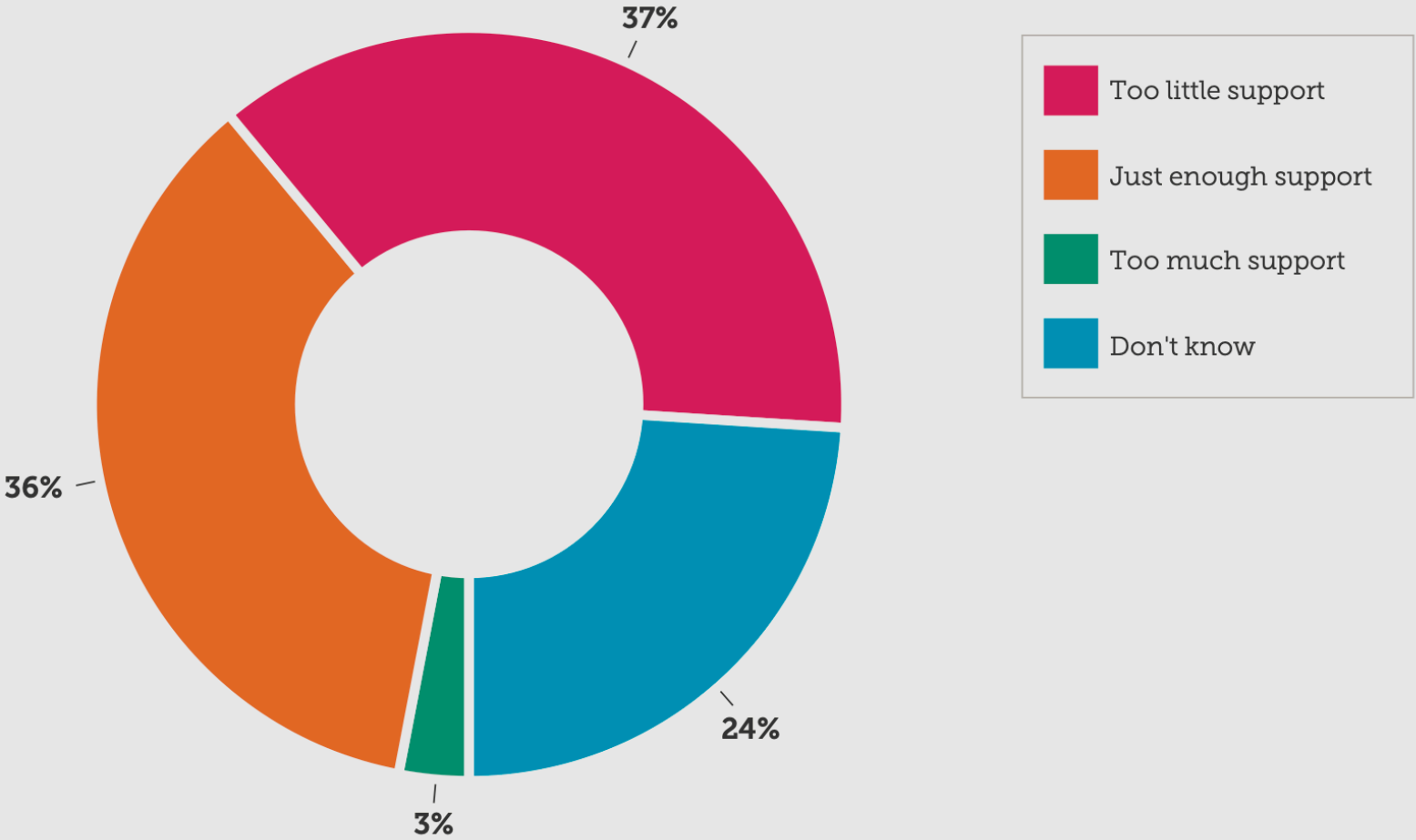
**THE VARIETY OF IMPACTS REPORTED BY THOSE WHO
HAVE EXPERIENCED AN EXTREME WEATHER DISASTER**



**MENTAL HEALTH IMPACTS REPORTED BY THOSE WHO
HAVE EXPERIENCED AN EXTREME WEATHER DISASTER**



**PERSPECTIVES ON MENTAL HEALTH SUPPORT AVAILABLE,
FROM THOSE WHO HAVE EXPERIENCED A DISASTER**



THOUGHTS ON AVAILABILITY OF MENTAL HEALTH SERVICES IN THEIR AREA FOLLOWING A DISASTER

