

ALL
TOGETHER
BETTER

Hypothetical Case Scenario

ADDITIONAL RESOURCES

Collaborative Mental Health Care in a Changing World

MARCH 2023

****Please note that all links provided in this document were accurate as at the date of publication - Tuesday, 28th March, 2023****

Phoenix Australia

[Phoenix Australia](#) is an expert in trauma-related mental health and wellbeing. For over 25 years, they have been Australia's National Centre of Excellence in Posttraumatic Mental Health and are internationally recognised leaders in our field. They are committed to driving forward the mental health agenda both at home and abroad.

Phoenix Australia is dedicated to improving the lives of individuals, families, and communities affected by trauma. Their work is grounded in high-quality research and evidence-based treatments, and offer a range of resources and support for those affected by trauma, as well as for practitioners, organisations, and policymakers. They also focus on policy and service development, workforce education and training, and knowledge dissemination to promote a greater understanding of posttraumatic mental health. Their goal is to achieve improved outcomes for all.

- [Responder Assist](#) - A place of mental health information, resources and training for emergency workers, their families and the professionals who support them.

MHPN's Climate Change and Disaster Recovery Networks

Funded by the Federal Government, MHPN's [National Networks Program](#) aims to support practitioners from a range of disciplines to work together better, with the ultimate aim of improving collaborative care practices to achieve better outcomes for consumers.

There are currently two Networks with a specific interest in climate change and disaster recovery:

- [Environmental Factors & Mental Health – National Online Mental Health Professionals' Network](#)
- [Brisbane Metro South Disaster Mental Health Recovery Network](#)

To join a MHPN Network, create a free [MHPN Portal account](#), follow the Network link above and request to join.

No networks in your area? Fill out this [online form](#) to express your interest in starting and leading a new network focused on mental health and environmental issues such as climate change.

For any queries about starting or joining a MHPN Network, contact Project Officer Yi Zhai at y.zhai@mhpnp.org.au.



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www.mhpn.org.au



contactus@mhpn.org.au



1800 209 031

MHPN Professional Development

Webinars

Disaster recovery webinars:

- [Eavesdrop on a conversation between experts in disaster recovery](#)

Find more free-to-access webinar recordings on the [MHPN Webinar Library](#).

Podcasts

[Emergency Workers: Responder Assist](#) – A four-part podcast series produced in partnership with [Phoenix Australia’s Responder Assist – the Centre for Excellence in Emergency Worker mental health](#).

- [Episode 1 - Setting the scene](#)
- [Episode 2 - Models of care](#)
- [Episode 3 – Treatment options](#)
- [Episode 4 – Experts by Lived Experience](#)

[Trauma and Resilience](#) - Join host Professor Mark Creamer, a leading expert in posttraumatic mental health, as he engages with national and international experts to discuss clinical understandings of trauma, the relationship between trauma and mental health, first and second line treatment options for PTSD, and the lived experience of traumatic events.

- [Trauma, a history](#)
- [The Nexus Between Trauma and Mental Health](#)
- [Exploring Resilience](#)
- [Treating Trauma – Part 1](#)
- [Treating Trauma – Part 2](#)
- [The Lived Experience of Trauma](#)

