

Providing culturally responsive  
mental health care during  
COVID-19 and beyond

## SUPPORTING RESOURCES

### Providing culturally responsive mental health care during COVID-19 and beyond

*\*Please note the resources displayed in this document were accurate at the time of publication\**

#### Mental health and CALD communities

[Embrace Multicultural Mental Health Framework](#)

[Mental Health in Multicultural Australia Key Concepts – Cultural Responsiveness](#)

[Mental Health in Multicultural Australia Key Concepts – Risk and Protective Factors](#)

[Mental Health in Multicultural Australia Key Concepts – Culturally Responsive Practice](#)

[Mental Health in Multicultural Australia Key Concepts – Consumer and Carer Participation](#)

[Mental Health in Multicultural Australia Key Concepts – Recovery and Cultural Diversity](#)

[Playgroups for CALD mothers and babies](#)

[Victorian Transcultural Mental Health online training:](#)

- Introduction to Cultural Responsiveness
- Cultural Diversity and Assessment
- Working With Interpreters

#### Interpreting and translation resources

Centre for Culture Ethnicity and Health Tip Sheets

<https://www.ceh.org.au/resource-hub/translation-an-introduction/>

DHHS interpreters and translation guides

<https://www.vic.gov.au/interpreters-and-translations>

Victorian Transcultural Mental Health online learning module on working with interpreters

<https://learn.vtmh.org.au/login/>

Translation and Interpreting Service info

<https://www.tisnational.gov.au/>

Health Translations Directory

<https://healthtranslations.vic.gov.au/>

Telehealth consultations requiring an interpreter

<https://www.racgp.org.au/FSDEDEV/media/documents/Clinical%20Resources/Guidelines/Telhealth-consultations-with-patients-requiring-an-interpreter.pdf>

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### Resources for GPs

Australian refugee health practice guide

<https://refugeehealthguide.org.au/>

Managing mental illness in patients from CALD  
backgrounds

<https://www.racgp.org.au/afpbackissues/2005/200504/200504kiropoulos.pdf>

### Journal articles and chapters

Cultural humility versus cultural competence:  
A critical distinction in defining physician  
training outcomes in multicultural education.  
Melanie Tervalon; Jann Murray-Garcia  
Journal of Health Care for the Poor and  
Underserved; May 1998; 9, 2; Research Library  
Available:

<https://drive.google.com/file/d/1jj3aQqOc1d9AgT87fI6PU2vIRY3wQwmD/view?usp=sharing>

Intersectoral Psychosocial Interventions in  
Working with Refugee Families.  
Chapter 16: Re-building Trust and  
Connectedness in Exile

The Role of Health and Social Institutions  
By Radhika Santhanam-Martin

Available:

<https://drive.google.com/file/d/1stzrlPw8jcl2tcBoHfzxv5aPCzXIK4E-/view?usp=sharing>

### Organisations

Positive Wellness Recovery Centre

[www.pwrc.com.au](http://www.pwrc.com.au)

### Podcasts

Jen Tobin from Cohealth and Erin Joyce from  
Alfred discuss how organisations can do  
diversity and inclusion in a responsive way

<https://vtmh.org.au/podcasts/diversity-inclusion-and-influencing-change/>